



# **Ashbourne Town Guide 2024**

We have so much to be proud of in Ashbourne, which is often referred to as "The Gateway to Dovedale" we are surrounded by the most incredible countryside for you to enjoy and explore, but there is always something to do in Ashbourne from exploring our many independent cafes and coffee shops, stopping for a bite to eat in our wonderful pubs and restaurants which can cater for all tastes and budgets, Ashbourne is a thriving



town with a range of wonderful independent shops, which you can enjoy whilst wandering our beautiful Georgian street, and don't forget to visit our market on Thursday on Shrovetide Walk.

During June and July, Ashbourne Arts hosts its very own Arts Festival where you can see some of the best street theatre, and renowned comedians, artists, and writers and during the winter months

of November and December we invite you to visit us and enjoy our Christmas light switch on and Christmas lantern spectacular which truly is an experience not to be missed.

Ashbourne is a very active town, if you wander down to Ashbourne Recreation and Memorial Gardens you can witness sport all year long with the majestic backdrop of parkland and the River Henmore meandering through. During summer you can take a picnic and enjoy cricket and summer football and in winter wrap up well for winter football, hockey and rugby. If cycling and walking are more your style we have the Tissington Trail, which is a disused railway line that ran between Ashbourne and Buxton which The Peak District National Park turned it into a 13 mile trail to Parsley Hay and it is a haven in all seasons for walkers, runners, cyclists and even horse riders to enjoy the beauty and traffic free trail (there are even pubs and tea rooms to stop at if you fancy refresh any refreshments).

One "must visit " in Ashbourne is our Historical Centre this was opened recently and has a changing display based around the town's rich history and heritage and our curator is a mine of information on our glorious game of Shrovetide. You can also pick up local information, town guides and maps of walks around the town so you can explore the beautiful architecture, wide Georgian streets and St Oswald's our magnificent church. We are very lucky in Ashbourne and the surrounding areas to have a range of accommodation to suit every need, houses and cottages to rent, a wealth of camping and caravanning options from yurts, pods, chalets, wooden cabins to deluxe static caravans along with some of the friendliest B&B options, many of them serving local fayre from surrounding farms,

butchers, grocers and bakers.

Ashbourne really has everything for all age groups and all types of visitors, and we look forward to welcoming you to our friendly and welcoming town!



## **Ashbourne Town Council**

Ashbourne was formerly an Urban District Council from 1894 to 1974, and was enlarged in 1935 when parts of Clifton, Compton and Sturston civil parishes were added, following the reorganisation of Local Government in 1974 Ashbourne Town Council was formed. Town and Parish Councils are the first tier of Local Government closest to the people. Ashbourne Town Council is split into four wards. Belle Vue, Hilltop Parkside and St Oswald's with thirteen councillors serving a population of 9125. The next tier up is Derbyshire Dales which covers almost a third of the county, including, Matlock, Bakewell and Wirksworth and over 100 Villages. the top tier is Derbyshire County Council which has responsibilities for the whole county (not Derby City, which is a separate council in its own right.)

The Town Council has three committees Planning and Finance meet on the second Monday of the month and Community and Environment on the second Tuesday of the month with Full Council on the third Tuesday of the month. They meet in the Council Chambers at the Town Hall and anyone is welcome to attend

The Council Chambers are situated in The Town Hall on The Market Place which dates from 1861, the original building on this site was The Talbot Inn, referenced in the 1600's, it also houses Ashbourne's Historical Centre, which opened in 2022.

Under control of Ashbourne Town Council is Bradley Wood, and Millennium Square on St John's Street, they are also responsible for maintaining bus shelters and seating, the yearly spring/summer hanging baskets, fireworks display in November the Christmas lighting and the town's Christmas events, as well as community events such as 2022's Platinum Jubilee Celebrations and 2023's Coronation Celebrations. It also assists many charities and clubs with community grant funding and works in partnership with Derbyshire

Dales District Council and Derbyshire County Council.

The Council employs a Town Clerk/Responsible Financial Officer, Assistant Town Clerk, Admin Assistant, Museum and Events Officer a Site Supervisor and a Caretaker.



#### WHO DOES WHAT?

Information can be obtained on the following matters by calling the appropriate authority

ATC – Ashbourne Town Council 01335 342291, www.ashbournetowncouncil.gov.uk

DDDC-Derbyshire Dales District Council 01629 761100, www.derbyshiredales.gov.uk

DCC - Derbyshire County Council 01629 533190, www.derbyshire.gov.uk

Ashbourne Historical Centre ATC
Ashbourne Town Hall ATC

Blue Badge Scheme DCC

Bradley Wood ATC

Building Control DDDC

Bus Shelters ATC/DCC

Car Parking/ Pay and Display DDDC

Cemeteries DDDC

Christmas Lighting ATC

Millennium Clock ATC

Community Grants ATC / DCC / DDDC

Conservation DDDC

Consumer Advice DCC

Council Tax Collection DDDC

**Education DCC** 

**Environmental Health DDDC** 

Fireworks ATC

Free School Meals DCC

Grants and Lottery Funding DDDC

**Gritting DCC** 

**Hanging Baskets ATC** 

**Household Bin Collections DDDC** 

Land Maintenance DDDC

**Leisure Centres DDDC** 

Libraries and Public Records DCC

Licensing (Premises/Gambling) DDDC

Litter and Dog Bins DDDC

Local Land Search Charge DDDC

Major Highways DCC

Markets DDDC

**Parks and Recreation Grounds** 

Planning Applications DDDC

**Planning Consultee ATC** 

Property and Land Sales DDDC

Public Footpaths and Bridleways DCC

Public Toilets DDDC

Recycling Centre DCC

Registrar's DCC

Residential Homes DCC

Seating ATC/DDDC

Social Care and Health DCC

Social Services DCC

Street Lighting DCC

Town Hall Room Hire ATC

**Trading Standards DCC** 

Trusted Trader DCC



#### **MEET THE COUNCILLORS**

#### **Ashbourne Town Council**

Anthony Bates anthony.bates@ashbournetowncouncil.gov.uk



**Belle Vue Ward** 

Robin Currie
robin.currie@ashbournetowncouncil.gov.uk



**Belle Vue Ward** 

Sandra Spencer sandra.spencer@ashbournetowncouncil.gov.uk



**Belle Vue Ward** 

Denise Brown
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**Hilltop Ward** 

Gustav Clark
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**Hilltop Ward** 

 $\label{eq:barbara} \textbf{Barbara Michalek} \\ \textbf{barbara.michalek} \\ \textbf{@ashbournetowncouncil.gov.uk} \\$ 



**Hilltop Ward** 

#### **MEET THE COUNCILLORS**

#### **Ashbourne Town Council**

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**Hilltop Ward** 

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**Parkside Ward** 

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St Oswald's Ward

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St Oswald's Ward

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St Oswald's Ward



#### **MEET THE COUNCILLORS**

## **Derbyshire Dales District Councillors (DDDC)**

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**Ashbourne North** 

Stuart Lees stuart.lees@derbyshiredales.gov.uk



**Ashbourne North** 

### **Derbyshire Dales District Councillors (DDDC)**

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**Ashbourne South** 

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**Ashbourne South** 

Nick Wilton nick.walton @derbyshiredales.gov.uk



**Ashbourne South** 

### **Derbyshire County Councillors (DCC)**

Steve Bull
Steve.Bull@derbyshire.gov.uk



**Ashbourne** 

Simon Spencer Simon.Spencer@derbyshire.gov.uk



**Dovedale** 

Sarah Dines sarah.dines.mp@parliament.uk



**Member of Parliament** 



# The Ancient

# **Town of Ashbourne**



Ashbourne is an historic Derbyshire market town thirteen miles northwest of Derby known as the "Gateway to Dovedale". It is situated in the valley of the river Henmore at the meeting point of six main roads which are turnpike roads, one of which, was the historic route from Manchester to London.

The first mention of Ashbourne is recorded in the Domesday Book of 1086 it was then known as Esseburne, a hamlet with a church and resident priest, two villagers, two cottages with land for one plough. Our Parish Church. St Oswald's was constructed on a cathedral plan and building is thought to have started circa 1200. It is interesting to note that the church is not situated in the centre of town as it is thought that the area around the church was the original nucleus of the town and the market place a later addition. As previously mentioned. Ashbourne is a market town and one of the earliest mentions of this is in 1203 by William de Ferres who received the grant of a charter for a market from King John. In the early 1200s extensions to established settlements were promoted by landowners and the extended town plan resulted in the creation of a new street. St John Street which also formed the new Market Place. the suburb of Compton is also believed to have been developed in the early 1200's. As the town expanded it attracted new merchants and tradesman to the town bringing with them their wealth and expertise, these included maltsters. shoemakers, tanners as well as the usual butchers, millers, and bakers, so that by the early 1500 Ashbourne was well established as one of the major market towns of Derbyshire.

The 1547 map of Ashbourne is one of the earliest known plans of a Derbyshire Town and shows a small town built around a triangular marketplace and the old hall of the Cokayne's is shown as a large timber-framed structure with a park containing the hunting lodge they had created. In 1671 it was purchased by the Boothby's and in or around the 1780's Sir Brooke Boothby rebuilt the hall and had the park turned to pleasure gardens, he also rediverted the road to Wirksworth and planted lime tress for privacy.

The hall has changed hands many times and by the start of the 1900's it came into the procession of the Urban District Council along with the grounds, which by the time of WW1 had sold pockets of the ground for housing.



In the late 1500s
Ashbourne had a
number of wealthy
businessmen and a
group lead by
Sir Thomas Cokayne
petitioned Queen
Elizabeth I to found
a Grammar School.
This was successful,
and a magnificent
hand coloured
charter granted on

the 17th of July 1585 authorised the founding of a Free Grammar School and stated "From henceforth there shall be one Grammar School in Ashbourne for the Education, Institution and Instruction of the Boys and Youth in Grammar and other Good Learning to Continue for Ever which shall be called The Free Grammar School of Elizabeth Queen of England in the Town of Ashbourne in the County of Derbyshire."

The Grammar School was founded on the following premise "for lack of education, the inhabitants were given over to wickedness and vices such as idleness, swearing, drunkenness, whoredom and such like".

Building work commenced in 1586 although it was not completed until 1603, the school appointed a master (who was required to be from either Oxford or Cambridge) an undermaster and a bell ringer. Only boys were



The site of the original Grammar School can be seen on Church Street



admitted, and they had to read and write and be assessed for their morality!

In 1594 Ashbourne suffered a serious outbreak



Left:
School foundation
charter a small
portrait of
Elizabeth sits
within her initial
"E" this has been
attributed to
Nicholas Hillard.

of the plague and into the sixteenth century there were two more outbreaks in the winter of 1605 and 1606, resulting in sixty-two deaths. In 1631 there was near famine in Derbyshire, some of the wealthy in the town were moved to leave money in their wills for alms-houses. During this time the workhouse of Ashbourne had plenty of inmates, relief was also paid to deserving causes on the order of the courts. The middle of the Seventeenth century were marked by the struggle between King Charles I and Parliament. In 1645 after his defeat in Naseby King Charles and his troops entered the town , The King stayed with the Cokayne's and also attended a service at St Oswald's Church. When the King left the town it was to travel to his final defeat, with Parliamentary forces triumphant Sir Aston Cokayne had to pay a fine of £356, as a Royalist supporter, and as a result of the fine and other difficulties Sir Aston sold his estates in Ashbourne to the Boothby family.

In the eighteenth century the church had a famous visitor, Dr Samuel Johnson, who came to Ashbourne to visit his friend Dr Taylor in Church Street, Ashbourne, like many other towns and cities, Ashbourne suffered periodic outbreaks of disease which caused many deaths. In 1717 there was a serious outbreak of smallpox, which not only killed the ordinary towns people but also killed Elizabeth Boothby, daughter of the Lord of the Manor. In 1745 Prince Charles Edward Stuart and his troops, on the way from Scotland to London to claim the throne. proclaimed his Father James, King of England, Wales and Scotland, Whilst in Ashbourne the Prince stayed at Ashbourne Hall and his men at The Three Horseshoes on Compton Bridge. There is a plague on the side of the Town Hall in memory of the proclamation made by Charles.



The Boothbys continued to be the most important family in the town, Brooke Boothby was Sheriff for the county in 1713 and his son, Sir Brooke Boothby was the father of Penelope who died in 1791 (for more information see the section on the church).

Ashbourne continued to grow and prosper during the eighteenth century, and the Turnpike Trusts built roads which lead to Manchester. Derby, Leek and beyond which made Ashbourne a very important coaching stage. Coaching inns like the Green Man flourished during this time, in fact Princess Victoria used the inn for a comfort stop in 1823 on a tour of Derbyshire. Into the nineteenth century and the war with France continued and at this time a large amount of prisoners of war were kept in the town the most famous being General Rochambeau. Some of the prisoners were put to work building the "new" Derby Road, legend has it that a French prisoner of war (possibly staff of a senior French officer who was a prisoner here) gave the recipe for his gingerbread to an Ashbourne baker, who owned a bakery in St John Street. This became our famous Ashbourne Gingerbread. The building has stood since 1492 and has served the townsfolk for over five hundred years.



The decline of the coaching era started around the 1840s due to the introduction of the railway and in 1852 Ashbourne station opened as a branch of the North Staffordshire Railway which



helped to bring more tourists to the area to visit local beauty spots such as Dovedale and to gaze upon the tomb of Penelope Boothby. During this time of Victorian prosperity new commercial and private buildings were constructed. In 1899 the railway was extended and through a tunnel (now part of the Tissington Trail) it went out under the ridge behind the town and into the Peak District to Buxton. In the years preceding the Great War, there was more industrialisation in the town and businesses such as the corset factory was expanded and Nestle opened a condensery to process all the milk from the surrounding area. In 1903 the present building of Queen Elizabeth's Grammar School was constructed on The Green Road and finally girls were allowed to attend, in 1973 Ashbourne County Secondary School (based on The Derby Hill) closed and the site was amalgamated with QEGS to form



The Newly Completed School

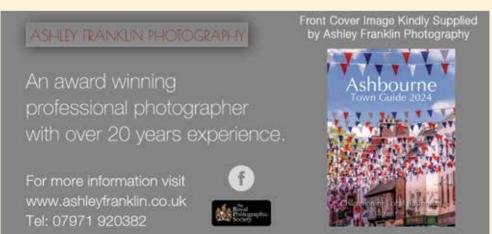
a single comprehensive school on a split site, which remained until 2003 when the school was transferred to the main site (Green Road) and new technology block added.

In 1922 the grounds of Ashbourne Hall were sold, and the first council houses were built on part of its parkways, after the 1939-45 war the large council Park Estate began on another section of the Hall's parkland and was followed by extensive private building which expanded the town once again.



Photo by Ben Brooksbank, CC BY-SA 2.0,

With the popularity of the motor car and as part of Dr Beeching's findings for the British Transport Commission, Ashbourne Railway Station was considered no longer viable and was closed in 1954 with the track being lifted in 1964.





When a person collapses and becomes unresponsive, their life is at risk. This is called a cardiac arrest and means their heart is no longer beating normally. Without urgent medical treatment the chances of survival are low. Within our community there are a number of defibrillators which have been provided by the community group "Defibrillators for Ashbourne.

#### What is a defibrillator?

They are lightweight portable devices designed to be used by people with minimal or no training on someone who has suffered a cardiac arrest, its job is to analyse the heart rhythm and determine whether a shock is required, if a shock is required the defib will give clear voice instructions to guide the user through the process.



#### Using a defibrillator – You DO NOT

require any medical training to use a defib, just call 999 and begin CPR immediately, don't hesitate to shout

bystanders for help as the operator will advise where the location of the nearest defib is, so you will need a volunteer to collect it, they will also give you a code to access the key pad on the cabinet as seen here, once the cabinet is open, take out the defib and switch on, it will instruct you to place two adhesive pads to

the casualties chest, which monitor the heart and its electrical rhythm. If the defibrillator tells you that a shock is needed, tell people to stand back. The defibrillator will tell you when



to press the shock button. After the shock has been given the defibrillator will tell you to continue CPR for two minutes before it re-analyses. If the casualty shows signs of becoming responsive, such as coughing, opening eyes, or speaking, and starts to breathe normally, put them

in the recovery position. Leave the defibrillator attached. Monitor their level of response and prepare to give CPR again if necessary. The ambulance will be on its way!

# Location of Community Defibrillators in Ashbourne including the "What 3 Words" location:

Aldi, Carnation Way, Ashbourne, DE6 1AY, ///reinstate.vine.careful
Ashbourne Primary School, Cokayne Avenue, DE6 1EJ, ///suppers.booth.detective
The Ex-Serviceman's Club, Market Place, DE6 1EU, ///duos.baths.journey
David Neill's, Compton, DE6 1DA, ///slave.alcove.exonorate
Betty's Vintage Tea Rooms, Cokayne Avenue, DE6 1EJ, ///spinners.ends.grants
The Bowling Green, North Avenue, DE6 1EZ, ///restriction.behind.headrest
112 Park Avenue, DE6 1GB, ///become.cabin.radically
Pine Croft Store, Pine Croft, DE6 1HS, ///beads.thinks.battle
Prestons Garage, Derby Road DE6 1LZ, ///hides.campfire.worm
The Pavillion, Cokayne Avenue, DE6 1EJ, ///unrate.walked.strange
Sports Injury Clinic, Waterside Park, DE6 1DG, ///redeeming.start.headlight





If you are a school, community group, sports group, business or just a group of friends that feel you would benefit from CPR training Defibrillators for Ashbourne can be contacted on their Facebook page https://www.facebook.com/groups/184226245081944/

### We Recommend ...







# Ashbourne Historical Centre



The Town Hall in Ashbourne, itself an historical building, is home to Ashbourne's Historical Centre.

The Town Hall is situated in the centre of the town in The Market Place, the original building



on the site was The
Talbot Inn, referenced in
the 1600's. The name is
thought to have come
from the Talbot family
who lived at nearby
Alton Towers. It was
also mentioned in Izaak
Waltons Compleat Angler,
when Walton and his
travelling companion
Charles Cotton stopped at
The Talbot when travelling

from Derby to Hartington. The book records a conversation at the Inn between travellers: "what will you drink Sir, ale or wine?" and the reply was "Nay, I am for the country liquor, Derbyshire ale, if you please; for a man shall not methinks come from London to drink wine in the Peak". There is very little physical evidence of The Talbot other than minor remains in the cellars of what is now Ashbourne Town Hall.

It was in the marketplace just outside the inn that Charles Edward Stuart declared his



father, James Francis Edward Stuart, King of England, Wales, and Scotland, while passing through Ashbourne in December 1745 during the Jacobite rising, and a plague

commemorating the event can be seen today.

There is one more plaque that can be seen above the entrance to Town Hall Yard, it details an event that happened in November 1930 a 40-year-old man Tom "Twinnie" Fearn was



furiously ringing the fire bell when the balance bar broke and fell tragically killing him, the remains

of the fire bell is currently on display in the Historical Centre, within the Town Hall.

The Historical Centre is situated on the ground floor of the Town Hall and is open Monday to Saturday, 10am till 3pm, inside you will see an





ever-changing range of exhibitions celebrating Ashbourne's illustrious history, there are displays on Shrovetide our famous mass football game and you can also view videos which evoke the sights and sounds of this amazing historical game. You can also see on display The Ashbourne Bushel. which is made from brass as the standard statutory measure of corn for traders and farmers attending the market, it was chained. to the market cross (which stood at the bottom of the current

market place) and bears the inscription,

#### **ASHBORN IN THE COVNTY DERBYS 1677**



Also on permanent display are the remains of the fire bell that struck Mr Fearn (see information above) and a copy of the charter



issued to Queen Elizabeth's Grammar School by Queen Elizabeth I in 1585, along with school memorabilia. It is worth noting that exhibitions change frequently and are announced on The Historical Centres Facebook page www.facebook.com AshbourneHistoricalCentre





As well as being an Historical Centre, there is a wealth of tourist information about Ashbourne and its surrounding areas and tourist attractions, leaflets and brochures are available to take away and as an extra service the centre offers.





The Ashbourne and Area Reference Library, so if you need to do a little research, take a look at out of print booklets and brochures they can be loaned and an area provided for quiet reading.

As you can see there is so much to see at Ashbourne Historical Centre it is completely free to browse the displays and exhibitions, and the knowledgeable staff will be able to answer questions and signpost you during your stay in Ashbourne.

www.facebook.comAshbourneHistoricalCentre

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## A S H B O U R N E ONLINE



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# The Yards & Alleys of Ashbourne



Yards are based on the medieval burgage plots, characterised as a long-walled plot behind a building the front of which faces one of the older streets in a town or city and usually accessed by an arch or tunnel, they were developed around the idea of maximising income from the manor land, it was a practical place to live and work, close to the market, taverns (which many

were named after), main streets and places of worship. A number of yards still survive in Ashbourne, and they were an important part of our community, it is said that in the 1850's there were around twenty-five yards that housed over 750 people in tight knit, lively working-class communities, you can wander around the town and still see and explore many of these today.

Arnolds Yard This is located between 45-47 Church Street DE6 1AJ and will take you to Belle Vue Road.



At the bottom of Victoria Square, named after a butcher in the corner, Banjo dress boutique on your right-hand side and Drink/Vape zone on your left, this yard will take you to Union Street.



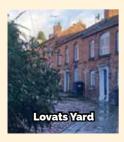
Located on The Market Place between 33 and no 31, this was the home of Davenports, the clockmakers



This is located off St John Street besides Costa Coffee and wander down here will bring you to Jack Rabbits Coffee Shop and the courtyard for The Green Man.



Further up St John Street brings you to Horse and Jockey Yard, named after the Horse and Jockey pub that once stood there, it is now Fresh Choice. This is now a picturesque area lined with attractive shops and a café.



On the Market Place just up from the Town hall is an arched entranceway to Lovats Yard, which houses Grade II listed buildings.



Walking up to The Market Place from St John Steet between The Cancer Research Shop and a café is Middle Cale a corruption of Middlegale.



If you travel down Compton (which in past times was its own township) you will find Malbons yard between White Peak Dentistry and Benny's takeaways, this is the last of the yards in Compton as there were many with names such as Stag and Pheasant or Rosemary Alley, they were the homes of many lodging houses that housed labourers working on the railway and the street was known as "The Rookery" from all the quarrels, fights and noise



Travelling along St John Street on the right-hand side of Rymans Stationers is Prince's Gate, named to commemorate the visit and turning up of the Shrovetide ball by HRH The Prince of Wales, later King Edward VIII in 1928.



On St John Street between Chimes Clockmakers and on the right hand side of the chiropodists is Salt Alley, this alley really gives an insight into the building styles of the previous centuries.



Walking from the Market Place to Victoria Square you will be in an area previously called the Butchery between The Lighthouse charity shop and the Osteopaths is Shakespeare's Yard, named after a butcher who claimed descendance from The Bard himself, it is also know locally as Slaughter Yard and you will see the surface drain is still in place from the slaughterhouses behind the butchers' shops.



Looking up the marketplace you will see The Picnic Basket takeaway and to the left is The Channel, a steep cobbled alley that takes you up to North Avenue.



In the corner of Victoria Square, left of The Horns pub is The Gallery a cobbled alley runs down to St John Street.



Next to The Mind Charity Shop you will find The Wellington Yard, affectionately known as "The Welly Yard" by locals, the building on the right as you enter was The Wellington, named in honour of the battle of Waterloo.



Walk along Church Street towards St Oswald's and you will see Smith's Yard on the right-hand side of Spurrier Smith's Antiques, up this yard used to be one of the Brass Founders of the





Once again in Victoria Square, look towards The Lamplight Restaurant, which was the Tiger Inn, a possible explanation of the name is that it was named after the boy grooms (common in the 19th century) who had a black and yellow livery? The timber framed building dating back to 1493 and you will see an entrance to Tiger Yard, the cobbles and stone sets in this yard are Grade II listed, a small Anglican Chapel was opened in 1846, this was for the worship of the poorer residents of the town, they were unable to worship at St Oswald's as the wealthy were able to "buy a pew for their own use". It closed when the Rev. John Richard Errington, decided to add free seating at St Oswald's thus initiating a conflict known as The Great Pew Battle.





Standing in front of the Town Hall in The Market Place to the right is an archway this leads to Town Hall Yard, above the arch is a plaque to the memory of Tom Fearn killed in that spot and

another plaque to look for on the front of the building is the declaration of James, King of England, Wales and Scotland by his son Charles Edward Stuart.



Walk down Church Street towards St Oswald's Church and this yard next to The Gallery, this yard is named after the railway tunnel it is built next to, it was in fact originally called Frost Yard and was next to two other yards, Tomlinson's and Burton's Yards that disappeared once the railway arrived in Ashbourne. The area around Church Street was famous for malt houses, leather tanning and rope manufacture, in fact at no 23 Church Street which is now Manion Antiques the remains of an 18th Century Malthouse can be seen.



Walking down Dig Street towards Compton you will see The Bridge, between The Bridge and The Coach and Horses is another notorious Ashbourne Yard, Workhouse Yard, site of Ashbourne's original workhouse, it was overcrowded, unsanitary and in the 1851 census one house had 15 people listed, 13 of which were Irish labourers the unsanitary conditions lead to outbreaks of disease and in the early part of the 20th century it was cleared by Public Health. A new workhouse was commissioned by The Ashbourne Workhouse Union in 1848 on Dark Lane, off Belle Vue Road which was completed in 1855 and could accommodate 160 inmates.



# Ashbourne and its surrounding green spaces

Ashbourne is surrounded by glorious countryside we are so lucky to be on the edge of the Peak District and have many beautiful green spaces on our doorstep, below are just a few to whet your appetite, you certainly do not need to travel far to get out and about.

#### **Ashbourne Recreation Ground**

Ashbourne Recreation Ground, was originally the deer park of Ashbourne Hall. When the hall was acquired by the Urban Council pockets were sold off for housing. In 1920 the road to Wirksworth that had been re-routed by Sir Brooke Boothby was reopened and named Cokayne Avenue, so did Ashbourne hold a 144-year grudge to the Boothby's for closing the road? As you walk towards the recreation ground from St John Street the first thing you will see is the town's war memorial, constructed by Lomas and Sons of Derby and unveiled by Lord Cullen in 1922. The names of the fallen from both wars are listed on the front pillars.





Goina through the gate you will arrive at the Memorial Gardens and a large metal poppy flanked by others also commemorates the fallen Within the Memorial Gardens there is also a bust of Catherine Booth (nee Mumford). she was the wife of William Booth.

the founder of the Salvation Army who was born in Ashbourne. A plaque can be seen on her birthplace 13 Sturston Road.

Walking through the Memorial Gardens you come to the children's play park and splash pad, and onto our magnificent playing fields, which service, football, rugby and cricket. You can also cross over the bridges to the fishpond and its meadows, an excellent area for a walk and to spot wildlife, or if you are here during the annual Shrovetide game, an excellent vantage point for watching the water play.

#### The Tissington Trail

The Ashbourne to Buxton railway line first opened in 1899. Following its closure 70 years



later it was bought by the Peak District National Park and turned into a traffic free trail for walkers, cyclists and horse riders. It runs for thirteen miles to Parsley Hay. The most atmospheric way to enter the trail, is through the old railway tunnel accessed from the Leisure Centre car park, it is 350 metres in length and once through you will come to a bike hire centre. Hire is on a first come first serve basis and opening hours are limited in the winter months. Along the trail there are access points to villages where refreshments are served and at Hartington you can enter a restored signal box, which has been preserved as a visitor centre.

#### **Carsington Water**

Located between Wirksworth and Kniveton, Carsington Water is the ninth largest reservoir in England, there is so much to see and do at Carsington including two cycle routes, 3 and 8 miles respectively, a vast range of water sports such as windsurfing, kayaking and canoeing, birdwatching, fishing, and walking. In the visitor





#### **Photo courtesy of Severn Trent**

centre there are exhibitions on water with hands on activities, shops and catering and if the younger members of the family want to run off more steam there is a outdoor play area with accessible play equipment.

#### Dovedale

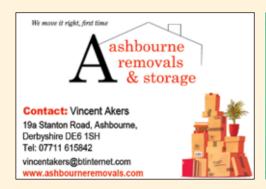
Ashbourne is known as "The Gateway to Dovedale" and no visit to Ashbourne will be complete without a visit to the iconic stepping stones, there is a car park at Dovedale and



here you will also find refreshments. Dovedale is designated as a "Site of Special Scientific Interest" and is entirely within the Peak District National Park and owned by the National Trust since 1934. Dovedale is known for the River Dove and its rather impressive limestone ravines, Thorpe Cloud at a height of 287 metres is a limestone hill that overlooks Dovedale. It can be climbed although we do recommend sturdy shoes and once at the top it will give you magnificent views of the surrounding area. There are also walks along the riverbanks and flora and fauna to spot along the way. Dovedale



and the River Dove a famous trout stream were popularised by Izaak Walton's "The Compleat Angler" and the gentry started to arrive from 1899 when the Ashbourne to Buxton trainline stopped at Thorpe Cloud Station, and donkey rides were offered around the area by an Ashburnian, known locally as "Donkey Burton" who walked his well-behaved donkeys to Dovedale for that purpose. He also ran a fruit stall for light refreshments. Walkers and hikers of all classes then followed this when the Peak District became the first National Park in 1951. If you are visiting in November, there may be an opportunity to witness "The Dovedale Dash" a cross country race of four- and three-quarter miles and one of the highlights for the runners is crossing the stepping stones.





# Ashbourne Royal Shrovetide

Mass street football was commonplace throughout towns and villages in this country over five hundred



years ago. It is not surprising that these ancient games, the originator of modern soccer and rugby, have long since died out. There are several places today, that continue

this ancient tradition, Atherstone in Warwickshire, Workington in Cumbria, Jedburgh in Scotland, and Kirkwall in Orkney, to name but a few. It is in Ashbourne that we are more world famous for the tradition. We do not have detailed records of when



mass street football originated in our town as a fire broke out in the committee offices in the 1890's but there is indeed mention of it being played in 1822. Many believe

that our custom is much older than this, dating back to at least the 1600's, where one of the first references to it was made to the game is found in a 1683 a poem called "Burlesque upon the Great Frost" which was written by Charles Cotton, the brother of the Baronet of Ashbourne. Derby played a similar game on Shrove Tuesday between the parishes of St Peter and All Saints. The Derby game was abandoned in 1846 when the riot act was read, and their ball is now an artefact in Derby Museum.

Ashbourne's annual game is played every Shrove Tuesday and Ash Wednesday. The Town literally divides itself into two. Originally the game was played



between the separate townships of Ashbourne and Compton, but this drastically changed when Compton was amalgamated into Ashbourne in the 1860's. The teams are mainly decided today, by family tradition but at one point, it depended on which side of the river Henmore you were born.



Born North you play for The Up'ards and born south you play for the Down'ards. The Goals were originally mill stones in two corn mills spaced three miles apart on the river Henmore and goals are scored at the player's

own goal. Clifton Mill was demolished in 1919, and Sturston more recently in 1981. Both mills today, are represented by purpose built stone goals in the river on which the victorious player taps the ball three times on a representation of a mill wheel. When



this occurs that game is over and the player who goals the ball keeps it as his trophy, he is hoisted triumphantly on his fellow team players shoulders and taken back to The Green Man in the centre of Ashbourne where a Shrovetide official deems

the goal to be valid. Homes of Ashburnian's all over the world contain these famous leather balls.

The game in Ashbourne has always started at 2pm. Originally the game was started on the marketplace until 1862, when it moved to Shaw Croft and remains there to this day. A local celebrity or ex player is usually asked to start the game. After being dined at a



lavish lunch the starter or "turner up" carries the ball through the streets of the town to Shaw Croft. Here, after singing Auld Lang Syne and The National Anthem, the ball is thrown to the waiting players and the game commences, up until 1967 the game was played until midnight, it is now played until 10pm.

If the ball is goaled before 6pm then a second ball is turned up for play that evening.

What is the ball? Well, it is manufactured to a traditional method in the town. It is made of stout cowhide leather hand stitched with seven cord hemp and filled with shavings of cork.





The ball although weighty, will float in the river but stout shoes are recommended if one decides to kick it in play. Ashbourne can boast that it is the only town that plays with a hand painted ball. The leathers are decorated with images chosen by the person who has been asked to start the game,

depicting their life and interests. Ball painting started around 1897, only five people have been entrusted to paint the balls, Ashburnian's believe their game is worth a coat of paint!! The paint does not last for long in a good game and any scorer can have their ball repainted to commemorate their goal. Ashburne Royal Shrovetide Football is the only mass street game to have Royal in its pre-fix and



owes this to Princess Mary who was gifted a Shrovetide ball bearing her portrait, on the occasion of her wedding on Shrove Tuesday 1922. The Princess Royal was so touched by the gift she wrote to the people of the town and bequeathed the game royal patronage. This was strengthened in

1928 when the Prince of Wales, later Edward the VIII turned up the ball, and more recently Prince Charles in 2003.

It would be wrong to say our beloved game has not suffered or still suffers. In the 1860's many attempts were made to stop the game. In fact, Mrs Elizabeth Woolley (nee Barnes) saved the game by smuggling the ball up her skirts and throwing the ball to waiting players. Indeed, three members of the fair sex have goaled balls, Doris Mugglestone and Doris Sowter in 1943 and Nora Wibberley in 1957. Two great wars failed to stop the game being played, although players were depleted. Balls were sent to local lads fighting on the front line in France in 1916 and 1918.

The only three things to stop our game have been

outbreaks of Foot and Mouth disease in 1968 and 2001 and COVID 19 in 2021.

Visitors ding this account may be aware that our great game is very fragile and must be guarded and maintained with pride. It is not a "free for all" or a reason to come to Ashbourne to cause trouble. Visitors are urged to respect the game, the townspeople and their property and listen to, and obey the marshals and do not enter any "no-go area."

"It's a good old game, deny it who can, that tries the pluck of an Englishmen"

The Shrovetide Poem written by Shrovetide stalwart Don Lowndes in 1974 who goaled the ball in 1949, 1952 and 1953, he also organised a mini game in 1968 within the boundaries of Ashbourne recreation ground due to foot and mouth disease and finally turned the Wednesday ball in 1974 – the poem is reproduced by kind permission of Mrs Linda Lemon, Don's daughter. The final verse particularly resonates with the residents of Ashbourne who are proud custodians of the ancient game.

### So don't decry our ancient game And never show defeat Let us see our children's children play Shrovetide in the street



# St Oswald's Church Ashbourne

Named after Oswald of Northumberland and described by the writer George Eliot as "the finest mere parish church in the Kingdom", St



Oswald's Church has a slender spire 212 feet high and was once a candidate to be the cathedral for the Derby Diocese. A church at Ashbourne is mentioned in the Domesday Book of 1086 though this was almost certainly a wooden construction.

Evidence of a Norman Crypt was found during renovation works in the early 20th Century but the existing church dates from the early 1200s and the 1241 dedicated plaque is believed to



be the oldest in Britain. The oldest parts of the present building are the chancel (eastern end of the church containing the altar) and the transepts (the arms of the church), which were built in the first half of the 13th Century. The main part of the nave (the

body of the church where the congregation sits) was added in the mid-thirteen century and was widened in the late 13th Century by the addition of south aisle when a tower was also added. A north aisle was never built, possibly because of the impact of the Black Death. The last major construction was the spire, which was built in the early in the 14th Century.

Each of the St Oswald's transepts houses a chapel dedicated to local leading families. The north transept houses the Cokayne's and the Boothby's and in the south is the Bradbourne family chapel.

There is so much to see in St Oswald's Church and there are many information boards provided by both the church and The Ashbourne Treasures group. Below is a guide to what you must see at the church.

#### The Nativity Window c.1240

In the east side of the north transept, the window contains 5 medieval panels dating from the time of the consecration of the church,



the panels show scenes from the birth of Christ. From the top King Herod orders the massacre of the innocents, the presentation of the infant Jesus in the temple, the three wise men present their

gifts, the three wise men meet King Herod, and the angel appears to the shepherds.



#### Consecration Plate C.1241

This plate is situated on St Oswald's Chapel and records the dedication in 1241 and is believed to be the earliest identified English Church brass.

#### The Baptismal Font

1241 – The Baptismal font dates from the consecration of the church and though to be one of the finest examples of early English style fonts in Derbyshire, in medieval times fonts were



usually accessed by steps but Ashbourne's font stands on the floor. As you can see from the picture the arcading has trefoil arches with fleur de lis between them. The three

petals are said to represent The Holy Trinity, The Father, The Son and The Holy Spirit, this pattern is repeated in the chancel on the floor tiles.



#### Heraldic Shields c. 1392-1399

Above the alter at the very top of the East window there are three rows of heraldic shields which are the survivors of a much larger window dated 1392-1399. They were incorporated into a much larger window in 1896 by the famous stained glass artist Charles Kempe. The top two shields are Henry, Duke of

Lancaster (the House of Lancaster held



Ashbourne from 1266) who died in 1361 and his son in law John of Gaunt who died in 1399. The window was commissioned by Major Andrew Corbett of Grove Hall near Offcote as a memorial to his late wife Marv. nee Adderley, the Corbett and Adderley arms are at the bottom left hand.

#### The Penelope Boothby Tomb 1791

In the north transept on the far side can be found The Boothby Chapel, which houses many memorials to the local families including The



Cokavnes and The Brabourne's. The one that absolutely stands out is the memorial to Penelope, she was the only child, daughter to Sir Brooke

and Lady Boothby of Ashbourne Hall. She died aged 5 in 1791 and her tomb is carved in marble by Thomas Banks and is so lifelike she appears to be sleeping. It was exhibited at The Royal Academy, and it was reported that Queen Charlotte was moved to tears upon seeing it. Her epitaph reads, "She was in form and intellect exquisite, the unfortunate parents



ventured their all on this frail bark, and the wreck was total". Sir Brooke and his wife separated at the burial and Sir Brooke left Ashbourne Hall spending the remainder of his life on the continent dvina in poverty in 1824. Within the chapel there are tombs of the Cokayne



family which cover seven out of eight generations. One is Sir Edmund Cokavne who was killed at the battle of Shrewsbury in 1403 fighting for King Henry IV. Sir Edmund's of arms depicts the three cockerels. which can still be seen throughout the town and are on the school and Town Councils emblems along with many other societies and clubs in town.

#### Turnbull Memorial Window 1905

This window is a memorial and commemorates the tragic deaths of Monica (born 1878) and Dorothea (born 1880) who were the daughters of churchwarden Peveril Turnbull, Dorothea's



dress was set alight by an oil lamp and Monica came to her aid, and in trying to save her sister set her own dress alight. Monica was a poetess and is thought to have described a premonition earlier in the poem known as Little Song. Devastated by the fire the Turnbull family commissioned the window

by renowned stain glass artist Christopher Whall who was a leader the Arts and Crafts Movement. The window shows the three virgin martyrs St Barbara, St Cecilia and St Dorothea. The faces of the portraits of Barbara and Dorothea are the faces of Monica and Dorothea, in the centre the face of St Cecilia is the image of Whall's wife whilst the angel rising from the flames is that of his daughter Veronica.

#### The Church War Memorial 1914-1918

Another area for quiet contemplation is the



Great War Memorial. This is a tablet of grey Hopton Wood Limestone, the memorials are in four columns and details. "These men of Ashbourne who fought in the Great War and laid down their lives for freedom and honour of their country"





# Ashbourne Streets



Ashbourne is very proud of its independent shops, bars, cafes and restaurants who are renowned for quality and choice. Wander around our Georgian streets, cobbled Market Place and explore our yards and allevs and you will find businesses that cater for all needs. Shopping local and with independent businesses has a positive impact on our retailers and their knowledge and understanding of their products shows in the pride of their customer service. Our post-pandemic spending habits are allowing smaller more independent businesses to flourish and by spending your money with local retailers you are helping our vibrant high street to survive and thrive.

#### The Market Place and Victoria Square



The 1547 map of Ashbourne shows a town built around a triangular market place, particular to medieval town planning, which, possibly occurred

after a disastrous fire in 1252 when the town centre moved from around the church to its present location, markets in the town were first mentioned as early as 1203 and they have always been numerous and varied, traditionally pigs were for sale in the piggery (Buxton Road), sheep for sale in Mutton Lane (King Street) and chicken in Union Street and cattle and horses were sold at the bottom of the Market Place. The town's bull ring and bull baiting. popular at Wakes Week was also situated in the marketplace. It also hosted wandering preachers, John Wesley is said to have preached to over 1000 people at 5am in 1712. Overlooking the marketplace is the towns Market Hall, now the Town Hall this was completed in 1861 and



stands on the site of the Talbot Inn, today visitors are welcome to call into. The Historical Centre on the ground floor with displays on the town's history.

At the bottom of the Market Place is Victoria Square known locally as The Butchery, due to the abundance of butchers and slaughterhouses that used to be there. Today you will find places to eat and drink, a plethora of independent shops and small alleys and yards that lead off for you to discover

#### **Church Street**

Church Street was once described as "one of the finest streets in Derbyshire" a wide road leading



from St Oswald's Church to the town centre. Opposite the church is the old Queen Elizabeth's Grammar School a Tudor building in local stone founded in 1585. Travelling towards Ashbourne you pass the Pegge's Almshouses

built in 1669 and a wealth of splendid Georgian Houses, Church Street has a number of antique shops along with many independent businesses.

#### Compton

The name Compton comes from the Roman Campdene, thought to mean "the valley where a skirmish took place" in the mist of time



Ashbourne was on the border of areas controlled by the Danes and The English, so a fight may well have taken place! Compton was until 1873, a separate township from Ashbourne.

Considerable development of housing took place in the 13th century, a reaction to the formation of Ashbourne as a civic centre and enabled the residents not to pay the tolls and taxes the residents of Ashbourne had to pay. The wide area near to Compton Bridge points to an area that a rival market may have been held. Compton is also synonymous with Shrovetide Football; the east side of Compton was in the township of Sturston (The 'Upards goal) and the west side part of Clifton (the Down'ards



goal). Today Compton is a wide street with independent retailers and traders and the town's library.

#### **Dig Street**

Travelling over Compton Bridge you come to Dig Street which was originally called "Loveditch" as it was used by courting couples



but, The Puritans dropped the "love" and it became Ditch Street, this was then considered vulgar by The Victorians who corrupted the "Ditch" to "Dig" and today there are a wealth of independent shops bars and places to eat.

#### St John Street

In the 1200s Ashbourne continued to extend its town plan and this resulted in a new street, St. John Street and eastwood continuation

of Church Street and so named as it lead to a hospital dedicated to St John the Baptist, situated at the head of town. The first thing that strikes you is the gantry across the road of The Green Man Hotel, built in the 1750's to service



the coaching trade, notable guests include James Boswell, Samuel Johnson and Princess Victoria. The street leads up Cokayne Avenue, the home of Ashbourne Hall and once again you will note the Georgian architecture. St John Street is home to the famous Ashbourne Gingerbread which can be purchase at the Gingerbread shop, which was built around 1492, again St John Street independent retailers tempt you with clothes food, and much, much more.

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# Ashbourne Reborn Transformation to start in 2024

From this summer, residents and visitors in Ashbourne can expect to see work starting on the ground for the much anticipated Ashbourne Reborn programme. Expected to be complete by autumn 2025, Ashbourne Reborn will pave the way for a more pedestrian-friendly town centre, transformed public spaces and seven-days a week community facilities in the Link Community Hub at Ashbourne Methodist Church.

Back in January 2023, central government approved over £13m of Levelling Up funding for the £15.2m Ashbourne Reborn transformation programme. It was the biggest capital grant bid ever submitted by Derbyshire Dales District Council, and it was achieved by working closely with delivery partners Derbyshire County Council (DCC) and Ashbourne Methodist Church (AMC), in collaboration with Ashbourne Town Team, Ashbourne Town Council and AshCom.

Since the funding was announced, partners have been busy drawing up designs, gaining planning permissions and preparing for delivery. In December 2023 the District Council unanimously approved AMC's planning application for the development of church buildings into a multi-purpose community hub at the corner of Church Street and Station Road. As part of the plans



Artist's impression of Millenium Square, Ashbourne Town Council's Levelling Up Project.

The Cornerstone coffee shop will be upgraded, and affordable quality visitor accommodation created alongside a community garden with ramped access.

In addition to the Levelling Up Funding, church partners have contributed funding and expertise to support and deliver the proposals, and work is expected to begin later this year to see the plans become reality.

Led by the County Council, works to the road network through the town centre will help transform the pedestrian experience in Ashbourne with wider footways and new and improved crossings around the town centre.

The changes will make a big difference to how residents and visitors experience the town centre, making people feel safer and reducing the dominance of traffic and its impact on the town.

A series of public spaces including Market Place, Victoria Square, Millennium Square and Shrovetide Walk will also be transformed. Planned work in the Market Place will protect and restore the Grade II listed surfaces to retain their historic character, replace and upgrade street furniture and plant trees to add much needed greenery. The Market Place has historically been a focal point for activities, trade and people, not vehicles, and the project aims to restore this sense of vibrancy to the heart of the town.

Many local people understandably ask why the government money couldn't have been spent on a relief road. Unfortunately, the rules for the Levelling Up Fund (LUF) meant that it was never an option to use this bid to secure investment for a relief road. Instead, partners put a lot of time into considering which projects would stand the best chance of success given the LUF rules. Derbyshire County Council are continuing to develop the case and that work will carry on. The success of the LUF bid won't reduce Ashbourne's chances of securing funding for the relief road.

Although it wouldn't be possible to carry out work like this without some disruption, once it is finished the town will benefit for many years to come. Partners will continue to work closely to ensure that residents, businesses and visitors to Ashbourne are informed and involved throughout the delivery of the project.

Visit the Ashbourne Reborn website (www.derbyshiredales. gov.uk/ashbourne-reborn) for the latest news, FAQs and detailed information about the project.

To be the first to hear updates and announcements about Ashbourne Reborn, sign up for the newsletter at the DDDC website www.derbyshiredales.gov.uk/enewsreg (tick the box for Ashbourne Reborn), or follow on social media: find Ashbourne Reborn on Facebook, Instagram and X [Twitter].





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It is these local businesses who spend their money





in their local area, giving money back into the community, generating more business locally.



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roughly 63p of every £1 spent in small –

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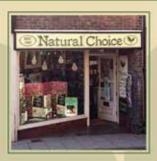








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to take your daily supplements

According to a You Gov survey, 'Multivitamins or dietary supplements consumption among Brits' more of the population now take food supplements than during 2020. Around 47% of UK adults take a supplement regularly.

The Health Food Manufacturers' Association (HFMA), the Voice of UK Natural Health, representing 140 companies in the natural products industry, highlights five reasons why you might want to take a food supplement.

Here are five reasons why you might want to take food supplements as part of your healthy lifestyle.

Vitamin D – Heading into winter, our chances of getting vitamin D from sunlight are reduced. The NHS recommends that everyone takes a supplement of 10mcg from October to March.

Iron - In the UK, it is estimated that 8% of women and 3% of men have anaemia due to iron deficiency. Research suggests that numbers could increase to 12% in premenopausal women and 23% in pregnant women. A blood test via your GP can test if iron levels are low.

Following a dairy free diet may result in lower intake of vitamins B2, B12 and lodine as plant based dairy alternatives contain lower levels than milk products. Vegans or those on a restricted diet may wish to take a supplement.

A busy lifestyle may create an increased need for B vitamins in your diet. B vitamins contribute to the reduction of tiredness and fatigue. These water-soluble vitamins need replacing in your diet, daily.

Oily fish and Omega-3. The NHS recommend at least 2 portions of fish a week, including 1 of oily fish. If it isn't possible to eat that amount, an omega-3 supplement is a convenient way to provide these essential fatty acids.. An algae source is available for vegans.

Dr Michele Sadler, scientific advisor to the HFMA, comments, "Intakes from the habitual diet of many people in the UK doesn't always meet dietary requirements. While everyone should aim to eat a heathy balanced diet, taking a daily supplement can be helpful to make up any shortfall in micronutrient intake.

Food supplements can be a useful addition to your diet and lifestyle. Seek advice from a qualified health practitioner before taking supplements, especially if taking medication, pregnant or breastfeeding. Your health store, pharmacy or nutritionist can help you build a healthy and balanced nutrition plan.

















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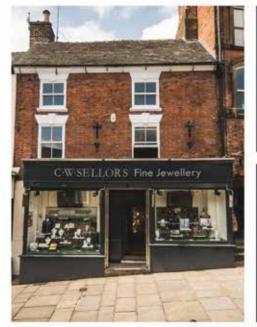


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# The beauty Industry

For many in society it is important for us to 'look good'. It builds confidence and self esteem. It is no real surprise the UK's beauty industry's worth is £27 billion and ranks as the seventh-largest global cosmetics market in the world. In the UK during 2014 there were less than 500 companies registered with the name 'beauty' in their name. Each year since then more than 500 companies have registered with 'beauty' in their name.

Looking after yourself has to be good for you right? Some say that having a positive self image not only enhances your sense of well being but also contributes to your long term health. There is a growing body of scientific data to support this too. People with a positive attitude tend to smile more, walk taller, have a more confident stride and make more direct eve contact. They tend to take time for themselves - exercise, take baths, get manicures and pedicures and as a result they feel and look more

The health and beauty industry for many in the UK allows us to do this. For many of us the days have passed, when we brought nail varnish, spending a whole afternoon attempting to paint nails in which we used an entire bottle of varnish remover to correct the mistakes. We are no longer spending what would



seem like days, but were only 30 minutes, unable to breath, slapping on industrial peroxide we brought from the chemist, praying our hair won't turn green and look something like the model on the packaging. We no longer need to worry about plucking 1 to many eyebrows, only to realise that the next day our face looks uneven. With colleges offering courses to beauty students in a whole wide range of beauty treatments, we have created an industry which not only allows us to have someone else take care of this, but have the professional take care of this, creating peace of mind. Wedding days, Christmas parties, summer holidays or maybe just a birthday treat, a Saturday night out, or just wanting to look and feel great. The profession of hair and beauty is guaranteed to make you look and feel fantastic.

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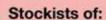


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come regularly delivering diverse courses.

Betty's encourage people to meet and share their mutual love of crafting, and is also open as a regular 'warm hub'.

While supporting local crafts people, the shop is also proud of its own bespoke and zero waste



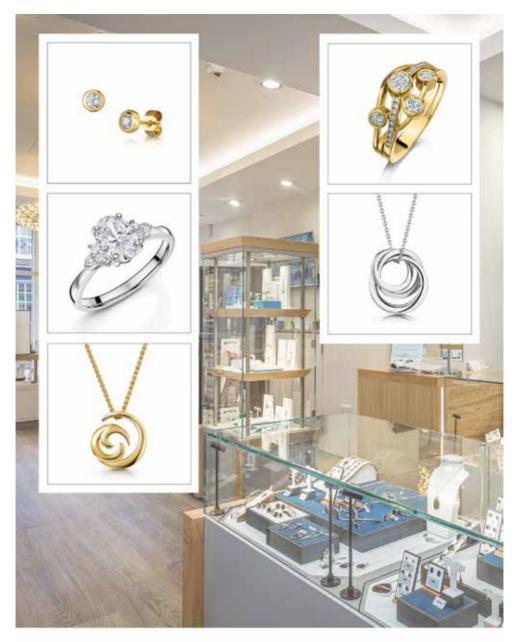
'Betty's Sewing Box' made from sustainable wood, old jeans and finished with Liberty Tana

With a good selection of Stylecraft Wool, loads of patterns and craft kits not to mention a haberdashery, Betty's welcomes fellow crafters from far and wide.

Complete your Betty's experience by visiting Betty's Vintage Tearoom for delicious homemade bakes and cakes, and check out the beautiful Homeware of Bill & Edna!

Betty's Sewing Box, Cokayne Avenue, Ashbourne DE6 1EJ (Opposite the Park)





# AVANTI

FINE JEWELLERY

2-4 CHURCH STREET ASHBOURNE | WWW.AVANTIJEWELLERS.CO.UK info@avantijewellers.co.uk | 01335 348961

## **Shop Local In Ashbourne**

## Services include:

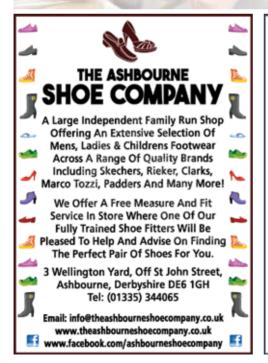
- Fine diamond jewellery
- Bespoke jewellery
- Jewellery and watch repairs
- Pre-owned watches
- Valuation certificates
- Purchasing unwanted jewellery

avantijewellers.co.uk

"With an on-site workshop, we take pride in manufacturing exceptional British fine jewellery and undertaking repairs, alterations and re-modelling."







# Stepping Stones Shoes

All styles of footwear for ladies, children & babies



Available from baby size 1 to adult size 8

casual § smart styles in shoes and boots, trainers, first walkers, school shoes, canvas, slippers § wellies

Professional fitting service by trained staff

Opening hours: Mon - Sat 9 - 5, Sun 10 - 4

1 Market Place, Ashbourne DEG 1EU

01335300374 www.steppingstonesashbourne.co.uk

## **Elite Cinema and Theatre**

Purpose built as a cinema in the early 1930's by P. Birch & Sons of Ashbourne, the Elite Cinema had and still does have a prominent position in the small market town of Ashbourne, Derbyshire. The well known Frank S. Bromwich was proprietor of the Elite Cinema from 1943 to 1962 and his photograph still sits proudly in the premises today.

The façade was simple classical red brick with a stone parapet and a series of tall arched windows. To date the exterior has changed very little since it was built.

Closing its doors in 1976, the Elite Cinema lay empty for a number of years before being acquired and converted by its current owners. The ground floor of the building was converted into a small shopping arcade in the stall areas. A nightclub was created in the balcony with a maple dancefloor (reclaimed from Normanton Barracks when it was demolished); this was implemented across from the bottom of the balcony cutting the auditorium in two horizontally. The upper of the proscenium arch and some ceiling decoration still remains.

After much deliberation and changing times, the nightclub closed and sadly lay empty for several years.

The ground floor was converted into a large retail unit which was occupied for many years until works began converting the premises.

With a lot of support, goodwill and perseverance, work finally began on the conversion in January 2022 and the cinema and theatre re-opened its doors in May 2023!

A lot of the original features still remain in the building today including the original barrel ceiling, the upper of the proscenium arch and some of the original tiers which were uncovered during renovations and still remain under the new tiers. The layout has changed very little, the projector room still remains in situ and is back being used for the same job today!

On the exterior of the building, the classical red bricks, stone parapet and tall arched windows still remain. There are shop units either side of the cinema/theatre entrance and the neon 'Elite' sign has been reinstated proudly in its original position.



## **ELITE CINEMA AND THEATRE**

Fully Restored To Its Original Glory... The Elite Cinema Is Back!

Having Recently Undergone A Major Refurbishment, The Elite Cinema And Theatre Is A Luxury Multi-Purpose Venue For Films, Theatre Performances & Live Events! Proudly Boasting The Latest Technology; Fully Digital Cinema Projection Equipment Has Been Installed To Show The Latest Film Releases, Along With The Best Sound System That Money Can Buy.

Come And Experience A Proper Night Out With A Drink From Our Fully Licensed Bar, And A Selection Of Snacks To Nibble On Whilst Enjoying Theatre And/Or A Unique Film Experience That Only The Big Screen Can Give. There Is A Variety Of Plush Seating Options To Choose From Offering Ultimate Comfort And Plenty Of Leg Room... Sit Back, Relax & Enjoy!

- Elite Buildings, Market Place, Ashbourne, Derbyshire DE6 1ES
- Tel: (01335) 343513
- Email: elitecinemaandtheatre@gmail.com
- Website: www.elitecinemaandtheatre.co.uk
- Facebook: www.facebook.com/elitecinemaandtheatre



To Join Our Mailing List, Please Contact Us Or Sign Up Via Our Website. Bookings Can Be Made Online Via Our Website, By Telephone, Or By Visiting The Ticket Office.



## **Shop Local In Ashbourne**

# Farm Shops

# The advantages of buying from a local farm.

- You will avoid over buying as you can buy loose produce instead of large packets.
- The produce sold in a farm shop is often seasonal so hasn't been in transit for days on end from abroad so a better carbon footprint.
- You are supporting local businesses instead of huge corporations helping the local economy.
- Much less packaging than supermarkets
- The produce you buy spends more time on the vine, on the tree or in the ground than supermarkets, so the taste of the fruit and vegetables is so much better.
- With a shorter time in transit from farm to market, this means more vitamins and nutrients



# **Yeldersley Farms**







Providing our customers with our amazingly tasty, 96% fat free whole milk through our little self-serve vending room conveniently located on the A52 between Osmaston Crossroads and Yeldersley Hall.

We also offer the best local (or sustainable & British) produce made lovingly in small batches by small British businesses who all have sustainability, high animal welfare, low food miles & environmentally friendly packaging (wherever possible) at their hearts. Including Honey, Eggs, Cakes, Pork Pies, Crisps, Chocolate, Milkshakes and Hot Drinks.

Making high quality, sustainably produced and packaged convenience foods, available and affordable to everybody, 24 hours a day, 7 days a week.

Come along and make your own healthy milkshake or fresh bean to cup coffee and pick up a locally made brownie or pork pie to munch on whenever you fancy. Guilt free snacking at it's best!

Yeldersley Home Farm, Painter's Lane, Ashbourne DE6 1LS | Tel: 07968 392819





# The Bike Barn, Ashbourne.

A wonderful independent cycle business in the heart of Ashbourne with over 25 years within in the cycle trade.

Cycle Hire - ideal to explore the stunning traffic free Tissington Trail and High Peak Trail, the gateway to the Peaks.

Cycle Servicing by experienced, fully qualified cycle technicians.

Sales of new & reconditioned cycles available to browse in our showroom.

Catering for all your cycling needs, so look no further than The Bike Barn.













## BOOK YOUR CYCLING ADVENTURE TODAY!

Visit www.thebikebarnashbourne.co.uk Call on 01335 300708

Email: enquiries@thebikebarnashbourne.co.uk

The Bike Barn, The Stables, Wellington Yard, Ashbourne, Derbyshire, DE6 1GH.







## **On Your Doorstep**

**The Sewing Barn, Ashbourne**, is a spacious fabric shop offering a growing collection of beautiful fabrics and a range of specialist workshops in Ashbourne, Derbyshire.

I opened The Sewing Barn in June 2013 after a career in teaching/ managing in Further Education. My love of both teaching and sewing was the reason for taking the plunge and start the search for the perfect setting to combine my skills and passions.

The Sewing Barn is a two-storey building set in a courtyard. The buildings were previously farm



outbuildings which have been converted to provide characterful premises for a number of small businesses.

Set in lovely countryside approximately 4 miles from the beautiful town of Ashbourne, on the A52,

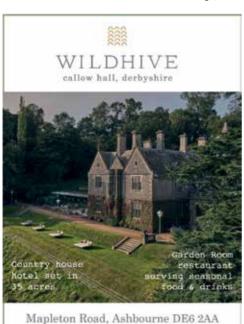
the location is ideal for spending time sewing which includes patchwork and quilting, soft furnishings or one of the many special one-off days such as free-motion machine embroidery, raw edge appliqué or seasonal workshops. There is plenty of free parking space.

Call in and browse the growing collection of beautiful fabrics, Lynette Anderson, Lewis and Irene, Benartex, Japanese fabrics, to name a few, sewing accessories, including Mettler threads, books, wadding quilting patterns and selection of gifts available - textile art, cushions, handbags and much more.

www.the-sewingbarn.co.uk

Ednaston Home Farm Studios, Brailsford, Ashbourne, Derbyshire DE6 3AY





tel: 01335 300900 www.wildhive.uk



### **Airfield Industrial Estate**





# Airfield Industrial Estate, the former WW2 airfield boasting a diversity of businesses.

The former RAF Ashbourne Air Base which was opened in 1942 and closed in 1954 was purchased in the 1960's by a company called FW Harrison and the project was developed by FW Harrison Estates Ltd with the support from the county council.

Home to Armstrong Whitworth Whitley, Armstrong Albemarle and Bristol Blenheim aircraft, the base was planned as a satellite installation for RAF Seighford but due to local weather and altitude the base was mainly used for training and after the war storage.

Ashbourne Airfield had three units, Relief Landing Ground for No. 18 (Pilots) Advanced Flying Unit RAF (March 1945), No. 42 Operational Training Unit RAF (OTU) (October 1943), No. 81 OTU (July 1942 – January 1944) and after the war No. 28 Maintenance Unit RAF (May 1945 – August 1954).

Today the airfield is a thriving industrial estate.



#### SIGNS & GRAPHICS



Acres Signs and Graphics, in Ashbourne, are delighted to be celebrating their 21st year of operation. At the young age of 26, Martyn Acres took the plunge to follow his dream of self-employment. Attending Ashbourne schools, and playing rugby for Ashbourne, the location was obvious.

Martyn has numerous qualifications in graphic design, and sign industry experience in Derbyshire, Staffordshire and even Dallas. He has since been designing and



installing signs, within Derbyshire (and beyond), for over twenty years. Initially a husband and wife team, they now employ a highly experienced team of five staff



All knowledgeable in the design, print, manufacture and installation process.
Back in 2003, Acres Signs & Graphics was situated on the Ashbourne Industrial

Estate, and with requirements of expansion, they relocated to North Leys. You'll now find their premises in the centre of Ashbourne (near the leisure centre), with parking for numerous vehicles.

You're bound to see their vans, in and around the Ashbourne area. However, they can also be spotted as far afield as Clacton Pier, installing signs for new rides and attractions. Closer to home, you'll find, as expected, that Ashbourne businesses support, and recommend Acres Signs and Graphics. Their Google reviews speak for themselves! You'll even find many of their customers within the pages of our brochure!

They really do provide customers with the whole package. So, if you're interested in vehicle graphics,



fascia signs, A-boards, banners, window graphics or printing, then Acres Signs and Graphics are the team to contact. Call 01335-347202, or just pop in to speak to their friendly and approachable staff.



SIGNS & GRAPHICS

# GET NOTICED USING QUALITY SIGNS AND GRAPHICS



Pull up on our free car park.

We're only a short distance from the A50, M1 and M6, right in the centre of Ashbourne

All signs and graphics are bespoke to each customer and because we insist on a site visit, you can be assured of the best advice and attention to detail.

## WWW.ACRESSIGNS.COM

Phone: 01335 347202 E: accounts@acressigns.com Unit 1 North Leys, Ashbourne, Derbyshire DE6 1DQ







### **Airfield Industrial Estate**



www.derbyshireselfstorage.co.uk

# Home, Business & Document Storage Solutions

Our storage facility is fully alarmed & covered by a state-of-the art CCTV system. For added security, access is only possible during our staffed opening hours.

A range of purpose built unit sizes are available within our clean, dry easily accessible facility.

Derbyshire Self Storage Ltd, Ednaston Business Centre, Hollington Lane, Ednaston, Ashbourne DE6 3AE Tel: 01335 361222

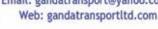
www.derbyshireselfstorage.co.uk

# **G&A Transport Ltd.**



Warehousing facilities, Container storage, HGV Parking, Vehicle and Trailer Hire plus Caravan and Motorhome Storage.

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# Proudly supplying our customers & supporting our community for over 50 years!

Established over 50 years ago, Nenplas is now Ashbourne's second largest employer with two generations of families working for the company for over 40 years. As well as providing high quality products and service to our customers, Nenplas prides itself on supporting and sponsoring local charities, events and sporting clubs.

Nenplas is the UK's leading B2B manufacturer of high-quality Rigid, Flexible, Co-Ex, Tri-Ex extrusions across a wide range of materials, providing our customers with valuable technical support, design, warehousing and national distribution.

+44 (0) 1335 340340

enquiries@nenplas.co.uk

www.nenplas.co.uk 🏵

Nenplas Limited Airfield Industrial Estate Blenheim Road Derbyshire DE6 1HA















# A Phillips Joinery Limited

We offer Internal, External doors, windows, wardrobes & all kinds of bespoke joinery. We also offer Fire Doors, non-fire rated veneer and laminated doors, reception desks & bars. All designed & hand made by our expert joiners. Please check out our web page for examples and inspiration.





## WHY CHOOSE US?

We aim to give our customer a tailor made joinery service to your indivdual requirements at value for money. Everything we make is bespoke and not mass produced.

We will provide a complete survey, design, manufacture, decoration, delivery/installation service.

Contact us now on:- 01335 343614 www.phillipsjoinery.co.uk e: enquiries@phillipsjoinery.co.uk.

# Ashbourne Workshop

Unit 9 Airfield Industrial Estate, Ashbourne, Derbyshire DE6 1HA

## **Derby Workshop**

Unit 5 Empire Works, Parcel Terrace, Derby DE1 1LY





#### **CROSSLOW LANE COACHES 2024**

#### 30th March. A spring day in the lakes

Shake the cobwebs of winter off and enjoy spring on our day out to the biggest lake in the UK lake Windermere. All fares £25

#### 6th April Richard Felix's Mary Queen of Scott's

All information will revealed closer to the event. All fares £55

#### 29<sup>th</sup> April – 3rd of April 5 day 4 nights to Weymouth

Stay at the crown hotel for a four nights five day stay overlooking Weymouth's historic harbour and stunning coastline join us on our planned days out (or not if you plan on relaxing) to various fishing villages and quaint hamlets surrounding the area. £350pp based on sharing a double, twin room. Single Rooms are available breakfast and evening meal included. Pick-up point 8am Ashbourne bus station

#### 4th May Llandudno's Victorian extravaganza

For 37 years this May bank holiday Llandudno has hosted its Victorian extravaganza which includes a Victorian street fair, old time fair rides, fun stalls, steam engines and much more all fares  $\pounds 25$ .

#### 10th May Mystery Tour

We are very excited about our mystery tours and unfortunately, we can't say much more other than that. It will be a fantastic

day out and we recommend bringing a camera. This is with food included in the fare. All fares  $\pm 30$ 

#### 12th of May Best of British

Join us on May 12th for the Best of British Air Show. This popular event celebrates the history of aviation and automotive technology in Great Britain. Experience thrilling air displays from vintage aircraft in the Shuttleworth Collection, as well as performances from visitors across the UK. The day is perfect for all ages, with ground attractions, Discovery Zones, and delicious food and drink. For a more relaxing change of scenery, visit our RHS Partner Swiss Garden, open throughout the day the ticket is included in your fare. All fares £50

# 2<sup>nd</sup> of June Richard Felix Mary, Queen of Scotts part 2

All information will be revealed closer to the event all fares £55.

#### 9th June – 14th June Isle of Wite

Our 5-night 6 day stay at the beautiful Broadway hotel will be the perfect setting for a trip away in the summer. Join us as we explore this peaceful and quaint island. We will explore (if you choose too) and take in the sights and sounds that it has to offer in our planned days out. Fares include hotel breakfast / evening meals, days out and ferry crossing. Based on per person sharing double /twin. Single rooms available. All fares £450 pp

Please contact us we may be able to cater other local pickup points.

#### 16th June BBC Gardener's World NEC

The ultimate gardener's day out. This celebration of summer gardening features a line-up of the Gardeners' World TV presenters and top experts, inspirational Show Gardens, vast Floral Marquee packed with displays and plants to buy, shopping, entertainment and many more fare includes admission. All fares £45

#### 21st June summer solstice with Richard Felix

 $\overline{\text{All}}$  relevant information to be unveiled closer to the event. All fares £55

#### 29th June Wellsbourne/Stratford

Come with us to Wellsbourne/Stratford for a great day out in summer. Explore what they have to offer. Take in the history or shop. It's up-to you! All fares £25

#### 5th-8th July Highclere Castle & Newbury

Come along & join us for a 3 night stay at the beautiful Warners hotel, Littlecote House, nestled in the heart of the Wiltshire countryside. This will be a great weekend away including a visit to Newbury on market day, and a guided tour of Highclere Castle & Gardens for all you Downton Abbey fans! Heading home after breakfast on Monday morning. This includes an evening meal, bed & breakfast. All fares £ 395 per person

#### 11th July the Great Yorkshire Show

The biggest agricultural show in the UK expect the best animals in the country competing including national breed shows as well as machinery, food and first-class entertainment to celebrate the very best of farming, food and the countryside. Ticket is included in the fare price.

Fares adults £55 children (under 12) £35

#### 14th July Richard Felix's stately home express

More information will be released closer to the event. All fares £55

#### 27<sup>th</sup> July West Midlands Safari Park

West Midlands Safari Park offers a unique experience of driving through different animal habitats, including lions, tigers, elephants, and rhinos. Visitors can also explore the walk-through areas where they can see various species up close. Admission is included in the fare. All fares £35

Pick Up Points Between Thorpe and Uttoxeter email us crosslowlanecoaches@gmail.com for more information

#### 4th August Cromford Steam Rally

Explore the top steam heritage and vintage rally in Derbyshire, nestled in the scenic Derbyshire hills. Cromford Steam Rally highlights excellence in steam, transport, and leisure industries. Don't miss the chance to experience the leading Steam Rally in Derbyshire. All fares include admission to the event. All fares £20

#### 9th August Newarks Antiques Fair

Discover a treasure trove of antiques and vintage items, from antique furniture and toys to vintage clothing and jewellery, at Newark Antiques Fair. With up to 2,500 stands, it's the ideal destination for antique enthusiasts, offering a diverse range of items including rare vinyl records and coins. Explore the world of antiques with us! Fares include admission to the event. All fares £22

#### 10th August Drayton Manor Park /Thomas Land.

Have a blast at Drayton Manor Park, featuring thrilling rides for all ages and Thomas Land for the little ones. With exciting new additions, it's a day of endless fun and adventure! Fares are for bus only.

All fares £15

#### 16th August Skegness day out

Experience the joy of Skegness on a day trip—golden sands, lively promenade, classic fish and chips, and the cheerful ambiance of the pier. A perfect seaside escapes! All fares £17.50

#### 17th August Lythem St Anne's 1940s weekend

Step back into the 1940s wartime era at Lytham, where a weekend unfolds with forties singing, dancing, weapons display, historic vehicles, military charities, vintage traders, and an abundance of nostalgic experiences. All fares £25.00

#### 18th August day in Southport

Join with us on a day out and discover Southport's Victorian charm, a scenic promenade, delightful eats, and the iconic pier. A perfect blend of history and coastal relaxation.

All fares £22.00

#### 23rd of August sunset mystery tour

Embark on a mystery sunset tour on a British summer's eve. Enjoy surprises and an evening meal for a delightful seasonal adventure! All fares include an evening meal. Fares £30.00

#### 30<sup>th</sup> August a day in Blackpool

Choose your perfect day in Blackpool! Dive into excitement at Pleasure Beach, make a splash at Sandcastle Water Park, indulge in shopping, or simply relax on the beach. It's your day, your choice! All fares £17.50

#### 31st August The Trafford Centre

Trafford Centre! Whether it's shopping, exploring Lego wonders, or immersing in the Sea Life Centre, the choice is yours. Ideal for the summer holidays. All fares £17.50

# 7th September Judith Mary cruise and afternoon tea

Judith Mary is a fantastic way to explore the high peak and at a wonderful time of year. Cruise down the canal enjoy the views all while indulging in a British past time of cream tea. All fares include boat admission and cream tea. All fares £35

#### 14th of September Tewksbury

Experience enchantment in Tewkesbury this September! Walk medieval streets, visit the historic Abbey, and uncover Harry Potter filming locations. Delight in local charm and autumn vibes. Book now for a magical day out! All fares £22

#### 21st September Bridgemere and Dagfields

Perfect day out at Bridgemere Garden Centre for greenery and colour then too Dagfield's Antiques Centre for unique finds. Book now for a blend of nature and nostalgia. All fares £20.00

# 30<sup>th</sup> October Halloween at twin lakes (very much for the family).

Enjoy a kid-friendly Halloween at Twin Lakes Theme Park!
Delight in spook-tacular fun, festive activities, and safe thrills
for the whole family. Book your bewitching day out now! Fares
Include admission to the event. Fares Adult £35 kids £25

# 2<sup>nd</sup> December to 6<sup>th</sup> December Turkey and tinsel Bournemouth

Celebrate the Christmas season at the Suncliff Hotel on Bournemouth's beautiful coast with our Turkey and Tinsel package. Enjoy a four-night, five-day getaway featuring half board, festive entertainment, and a special Christmas Day dinner. Book now for a Christmassy holiday by the sea! All fares are based per person sharing a double /twin. Single rooms available. There are two options one with a sea view or standard rooms. Standard room £350 Sea View room £470

# 7th December Richard Felix's Christmas spirits

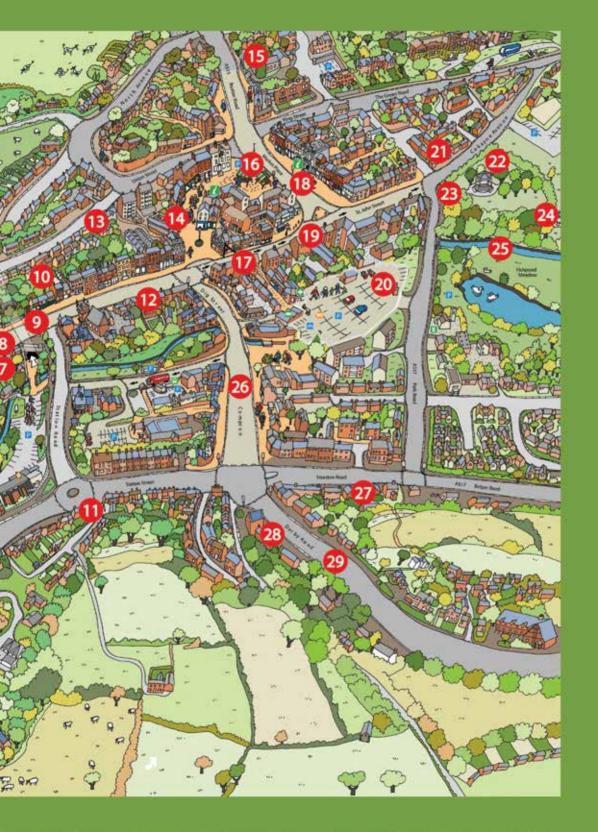
All information will be given closer to the events. All fares £55

We look forward to seeing you all in 2024 Adam & Ben

Please call 07947 333122
For updates please visit our facebook page
Crosslow Lane Coaches







# The History of Ashbourne

Step into the past. Little has changed in Ashbourne since the 18th Century and is one of Derbyshire's finest old market towns, combining a medieval street pattern and historic buildings with a wealth of high quality shops. The cobbled market place, hidden alleys and yards are a delight to explore, and the wide and elegant Church Street is considered to be the finest street of Georgian buildings in Derbyshire.

Ashbourne became a busy and fashionable social centre for the wealthy during the Georgian period, with six coaching roads meeting here, including the route from London to Carlisle. The legacy of over 200 listed buildings, fine coaching inns and mellow town houses combine to create a unique atmosphere. Lying in a lovely green valley on the southern edge of the Peak District, the town attracts many visitors who come to enjoy a scene which has changed little in appearance since the 18th century.

# Key

- O Shrovetide Hug Monument
- Pormer Gas Works 1840
- Old Railway Tunnel 1899 cycling and pedestrian access to/from Tissington Trail
- Old Grammar School, founded 1585
- 5 St Oswald's Church 13th 14th Century architecture. 15th 16th Century monuments. Monument of Penelope Boothby. d. 1791
- Spalden's Almshouses 1723
- Mansion House 17th 18th Century Town House, Dr Johnson stayed here
- Pegge's Almshouses 1625 Owfield's Almshouses 1640
- Ohurch Street Georgian House frontages
- OSmiths Yard
- Old Derbyshire Constabulary building c.1857
- Clergy Widows Almshouses 1770
- Old Police Lock Up opened in 1844
- Tiger Yard
- 5 St John's Church 1870
- Market Place dating from 13th Century
  Memorial to Francis Wright 1874
- Green Man former coaching Inn
- 13 Charles Stuart (Bonnie Prince Charlie)
  proclaimed his father to the British throne 1745
  The Town (Market) Hall 1861
- Ginger Bread Shop wattle and daub walls
- Shrovetide Plinth for turn up to start game
- 4 Ashbourne Hall

- Bust of Catherine Booth, nee Mumford, born Ashbourne 1829 (Mother of the Salvation Army)
- 3 War Memorial, Memorial Gardens
- Children's Play Area, fishpond & picnic area/playing fields
- Henmore Brook (Scole Brook) medieval boundary between Ashbourne and Compton and possible original boundary between Up'Ards and the Down'Ards Shrovetide Teams
- Compton originally medieval trading area competing with Ashbourne ref early 1200's
- Birth place of Catherine Booth 1829 (nee Mumford Mother of the Salvation Army)
- Cooper's Almshouses 1800
- 2 New Derby Road built by turnpike trust, 1783-85
- Tormer Good Building 1852
- Parking
- **Hospital**
- Pharmacv
- Bus Stop
- Emergency Services
- **I** Tourist Information Centre
- Post Office
- WC Public Toilets
- Leisure Centre
- Library
- Cvcle Bav
- Scenic Walk

Whilst every effort has been made to ensure that the accuracy of all information contained on this map at the time of publishing, Ashbourne Town Council cannot guarantee its accuracy and accepts no responsibility for any error or misrepresentation. All liability for loss, disappointment, negligence or other damage caused by reliance on the information on this map is hereby excluded. © Ashbourne Town Council

















### **Out and About**

# Wonderful days out at Carsington Water =









Carsington Water has everything you need for a great day out, with plenty of activities and things to do.

- \* Free interactive exhibition
- Walking trails
- Adventure playground
- carsingtonwater@severntrent.co.uk stwater.co.uk/carsington 0330 6780701
- stwcarsingtonwater
- @ @carsington\_water

- Monthly Artisan Market
- Watersports
- Lots of events- trails and more!
- Restaurant and cafe
- Bike hire
- Courtyard shops
- Carsington Water, Carsington Visitor Centre, Big Lane, Ashbourne, Derbyshire, DE6 1ST

WONDERFUL ON TAP

SEVERN

## ASHBOURNE COMMUNITY TRANSPORT

Connecting our Local Community – Supporting Public Transport

For local residents, business or visitors who cannot access public transport, we can help.

For travel to work, essential appointments (doctors or hospitals), links to main route bus services or trains, town centre shopping and even family occasions.

#### We offer:

- Home to Destination Travel
- From our fleet of modern 8 and 16-seater mini-buses
- All Wheelchair accessible
- And a Safe and Supportive service we take extra care: our drivers and team are there to help



For bookings or more information CALL 01335 300670

EMAIL enquiries@ashbournect.org.uk VISIT ashbournect.org.uk

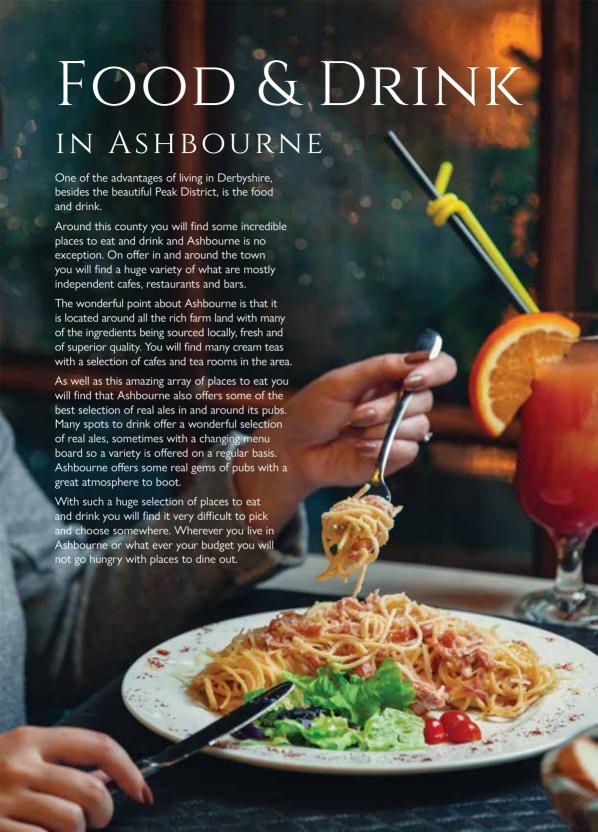








The Town Guide is Sponsored By

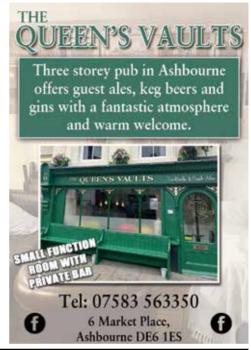


## **Exceptional Hospitality**

## The Queens Vaults in Ashbourne

is an inviting, warm, cosy pub with staff who welcome you with open arms offering a selection of great beers and ciders. The listed building, being there since the early 19th century originally as the Barley Mow and then becoming the Queens Vaults which closed in 1904. The beautiful micropub has three floors and this wonderful pub is placed in a great spot on the Ashbourne market place.

During it's history the building was owned by tobacconist and barber Thomas Sherratt in the early 20th century, while during the second half became a newspaper office. It is now owned by Kerry, who offers, beers, real ales. IPAs, cider on tap as well as spirits and even cocktails, but most of all a pub with a great atmosphere. The friendly interior has a quirky decor, described as 'more like a friends living room, than a pub', has a large window at the front. There is seating on two floors, with seats upstairs offering a view of the market place. While offering all this character, charm and history the prices are also very reasonable. The pub also offers a great function room and there is also seating available outside should you wish. This is an original venue for a quality drink offering atmosphere, warmth and character.





## **Exceptional Hospitality**



Today cafes are places to meet, to chat to socialise and relax, to enjoy a coffee, indulge with an afternoon tea, sample the cakes and pastries and of course enjoy the great English tradition, a tantalising English breakfast. Often sourcing produce from local producers showcasing the quality of local farms, butchers and independents through their menus and dish

Looking for a place where you can go with your friends or family on the weekend to catch up, wanting a pit stop while shopping, a place to enjoy lunch or have a coffee.

Why not pop along to your local cafe which offers a friendly welcome along with exceptional customer service and quality cuisine.

Local pubs, restaurants and cafes play a vital role not just on the high street but also in the business community, they help to strengthen the local economy. Pop along today and enjoy the atmosphere these exceptional venues have to offer









Berkeley Inns Limited is an expanding pub/restaurant group headquartered in Derbyshire, UK, established in January 2015 with the initial objective of acquiring and revitalizing a number of neglected pubs in the Midlands region. Our overarching mission is to develop viable, high-quality establishments while recapturing or preserving the traditional ambiance of the local pub.



Berkeley Inn's first pub, The Horseshoes in Long Lane Village is one of Derbyshire's leading pub and restaurant destinations, offerine a refined

dining experience alongside the finest wines, with four private dining facilities within luxury garden rooms. The bar is open 7 days a week and the restaurant Wednesday-Sunday. Whether it is a relaxed lunchtime setting with mouthwateringly good food or a date night, The Horseshoes is the most beautiful and relaxing place to be, in the area. Don't forget to keep an eye out for special events, The Horseshoes has regular themed tasting evenings and Dine in The Dark is always a huge hit!

www.horseshoeslonglane.co.uk





Do you fancy a taste of the Cornish coastline but don't want to travel all that way? Don't worry, we have it covered! Bringing the Cornish waters to Derbyshire, fresh overnight deliveries ensure the best seafood specials you will find in The Midlands. You can place a pre-order for your favourite

seafood dish just 48 hours in advance and we will ensure it is cooked to perfection. If you have friends who aren't seafood lovers, don't worry we have options for meat eaters, vegetarians, and vegans, too. It's hard to get a booking for a Sunday Roast at The Cow due to its popularity, so make sure to book in advance and see what all the fuss is about! Why not make a mini break of your visit and book one of our 12 luxury boutique hotel rooms, each individually designed – make sure to book a ground floor room if you wish to bring your dog! www.cowdalbury.com







The Bluebell Inn in Kirk Langley...a garden you will never want to step out of, several unique dining areas to suit your mood and an extensive menu with something for everyone! Arguably the best pizzas in the midlands are fired up in the pizzeria, or enjoy a signature

burger, a shredded lamb shawarma or steak frites, the list goes on! The Bluebell has a great cocktail menu and a wide range of premium beers, wines and spirits. All served in a perfect blend of tradition and modernity.

www.bluebellkirklangley.com



Throughout the summer; The Bluebell & The Horseshoes have their own live music schedule, so if you fancy sitting in the stunning gardens and being waited on with your favourite drinks and delicious food, visit The Bluebell on Wednesday evening's or The Horseshoes on Saturday afternoon's - check out the websites or social media channels for regular updates.

You simply cannot live in or visit Derbyshire without experiencing a Berkeley Inns pub....

@thehorseshoeslonglane @thecowdalbury @thebluebellkirklangley

## **Exceptional Hospitality**



### Food, Drink & Live Music Private event hire available









The Royal Oak is open from 12 pm every day, boasting an extensive menu, serving delicious home cocked food crafted with passion. Exceptional Roast Dinners served on Sundays or join us for our Thursday

Featuring a gluten-free menu, children's and small portioned menu, we will ensure a delightful dining experience for all.

Real ales, great wines and a comprehensive drinks menu to enjoy in our beautiful beer garden or in front of our roaring fire.

We have 7 bed and breakfast rooms available including a twin room and a family room to relax over night.

The Coach House Suite is available for any occasion. from weddings and christenings to parties, conferences and dining we can make all your events extra special.









www.royaloakashbourne.co.uk

Tel: 01335 300090

The Royal Oak, Hanging Bridge Mayfield, Ashbourne, DE6 2BN



#### **Out & About**



# Welcome to

### The Venue Ashbourne

Situated in a tranquil location on Wyaston Road (DE6 1NB) 1 mile south of Ashbourne, at Ashbourne Bowls Club, The Venue offers the perfect event space for your special occasion. However big or small we strive to meet your every needs.

Hire includes exclusive use of the hall, commercial kitchen and buffet room with access to tables and chairs. We can accommodate up to 165 guests and have a well stocked, fully licensed bar should you require it.

Outside we have ample free parking with a lawned area where you can sit and relax overlooking the bowling green with stunning views of the Peak District and Thorpe Cloud.

Not only can we accommodate your special event, we also have a regular timetable of community based events and classes. Check out our social media for the most up to date information.





# Cadley Hill View

# Weekly Events



EVERY TUESDAY 2.00PM - 4.30PM

### Knit And Natter Club

Knitting needles at the ready! Pop along for our weekly knit and natter with our talented residents.



EVERY WEDNESDAY FROM 11.00AM Walking Club

# Walking Clul

Join us for a gentle stroll around our local area.

Meet at Cadley Reception



3.00PM - 4.00PM

## High Tea at 3pm

We are welcoming our local community to join us for a cuppa, slice of cake and a natter.



FROM 10.30AM

## Saturday Cinema Games Club

Each week we will be showing a different children's movie.Popcorn and treats will be provided for the little ones.

\*Please call us to book your space: 01283 907 036

# Cadley Hill View Care Home

121 Darklands Road, Swadlincote, Derbyshire, DE11 0PQ cadleyhill.view@idealcarehomes.co.uk idealcarehomes.co.uk





# Kid5 Dance & Drama

As adults there are some areas of our child's development which can be easily overlooked. We can easily consider our child's future with regards to exam results, thinking that if our children are academic they will be successful. There are often areas we overlook, such as confidence, verbal and nonverbal communication, empathy, imagination, creativity and improvisation.

Surprisingly these are all skills a child can learn by taking part in a dance and drama class. Performing or dancing on a stage in front of an audience can take a lot of courage, and while some of us may freeze up, children will be taught to do this in drama. Being part of a production will expand a child's imagination, acting out a character, playing out a person, or maybe an animal. A student will learn communication skills, to an audience and even a director as well as fellow dancers and actors. Clear speech and expression through dance and body language is key to a performance.

Practising dance moves and learning a script can require memory and concentration skills. Without even realising, when a child is so focused on learning a performance, concentration and memory will become more developed while having a lot of fun in the process.



And let us not forget the social aspect of being in a dance or drama group. Working in groups it is important to work well in a team, which is a vital skill in a child's development.

While a youngster will be learning all of these skills, they will be having lots of fun and making memories that will last a lifetime.



## **Early Years and Play**

Children between the ages of 3-5 years are growing and learning at a rapid rate. A child's vocabulary grows from 900 words to 2500 words, with sentences becoming longer and more complex. Therefore, this can be the best time to enrol your child in an early years setting.

Evidence shows that a child who attends a good preschool or nursery is more likely to be school ready. The child maybe better at reading, develop a wider vocabulary as well as having developed some basic maths concepts compared to children who don't attend. Then there is the social side of school. Although a child can learn academically at home, there is a huge benefit to their social and emotional development when spending time with others daily. A child will build relationships with groups of children and interact with them. They also learn about developing the emotional side of friendship, how to be kind, what makes a good friend and how to resolve conflict. Society values, appreciating good manners, taking turns, and waiting your turn when asking a question are all concepts that young children need to learn. School offers a child structure and clear behaviour expectations by offering set times for play and work. Working together in groups provides opportunities for collaboration and teamwork. Early years settings use 'learning through play' which allows a child to learn without having to be seated at a desk. They use role play, whether it is a shop, in which toy money is used to buy or sell items, singing songs which improves vocabulary, listening, attention and counting skills. Messy play with

with tweezers helps develop children's fine motor skill and pincer grip. Learning the importance of being responsible and caring for the learning environment.

Story time encourages children to learn the importance of the need to learn to read and reading for pleasure. Language is strengthened, imagination is developed and children learn to listen and remain focused for extended periods of time without becoming distracted.

Early years settings aim to provide a safe, exciting learning environment for your child where they can thrive and grow. This enables them to become confident communicators, develop resilience and a positive selfesteem. Working with parents is vital for this partnership and ensures the transition from early years to primary school is as smooth as possible.







# Key Stage 1 (5-7 years old)

This is the earliest stage of education in which children are introduced to basic learning including phonics in which the child will speak loudly a list of 40 words. The subjects taught are English. maths. history, geography, music and physical education. SATs are held at the end of key stage?

## Keys Stage 2 (7-11 years old)

This is when a child moves to primary school and their knowledge on core subjects becomes more advanced and in-depth. The students are tested in English reading. English grammar. presentation and spelling. maths and science. With a teacher assessing the child in science national assessment tests are held in English and maths. These are SAT's and are externally marked. As well as these core subjects students will also study design and technology. history, geography, art and design. music. physical education. computing, languages and religious education with schools also providing personal. social. health and Economic (PSHE) education lessons. At the end of this stage SATs are held.



# Ilam C of E (VA) Primary School and Nursery

# Every day is an OPEN DAY

# Come and visit us!



Places available from Nursery to Year 6
within a stunning rural environment
Wrap around care and varied after
school extra curricular activities

Weekly Forest School for all and weekly swimming lessons for Reception to Year 6

An enriched and inspirational curriculum including specialist visitors, excursions and a wide range of sporting opportunities

"Pupils flourish in this nurturing, happy school."







We are located 10 minutes from Ashbourne in the beautiful village of Ilam. Please contact us if you would like to arrange a visit.

01335 350316

www.ilam.staffs.sch.uk

or find us on Facebook 🎫



RESPECT KINDNESS EMPATHY RESILIENCE COOPERATION PLACES AVAILABLE NOW LOVE OF

for all children

韓

Longford school is more than a school, it feels like a true community...it's a lovely caring place, that offers such a great amount for a small school.'

Parent Comment, 2023

Visits Welcome

'Pupils learn about the world around them - they know the importance of treating people fairly and with respect.'

Ofsted 2023

Headteacher: Elise Piper-Hadfield

01335 330364

headteacher@longford.derbyshire.sch.uk



# Parwich Primary School - a 'Flourishing School'

Situated just seven miles from Ashbourne, Parwich Primary School celebrates being set in an idyllic countryside village with facilities such as a cricket pitch, tennis courts and village hall on its doorstep.

With excellent adult:pupil ratio, Parwich Primary School's highly experienced staff are able to meet every child's needs. When last inspected, Ofsted stated: 'Parents and carers are overwhelmingly positive about the school. One parent, typical of many, said, 'The staff know the children's needs so well that nobody goes unnoticed'.

The school certainly offers a broad curriculum. Regular Key Stage 2 PE lessons are taught by specialist coaches, who also support the organisation of cluster sports events and active lunchtime play. An annual sports week allows further opportunities, such as horse riding at the local stables, climbing, bushcraft and sailing. Moreover, pupils in Key Stage 2 all enjoy learning an instrument in music lessons taught by specialist teachers.

Fiona Tomblin (Headteacher) confirmed: Parwich has a hardworking school community, who eagerly strive to provide a safe and happy environment for all pupils to embrace learning and become rounded, self-confident individuals, who believe in their ability to achieve their full potential and become lifelong learners.' Ofsted agreed, 'Leaders promote pupils' personal and academic development well. Pupils enjoy making a positive contribution to the life of the school as school councillors and sports leaders. Staff have very high expectations of pupils. Pupils like to work hard and achieve. They are highly motivated and aspirational.'

If you would like your child to receive a highly nurtured start to their educational journey, which provides them with a multitude of high quality, inspirational opportunities to develop both academically and personally, please do not hesitate - telephone or email the school for an individual tour and information on applying for a place.

# **Parwich Primary School**

"Parwich Primary School is a flourishing school... Pupils like to work hard and achieve.

They are highly motivated and aspirational."













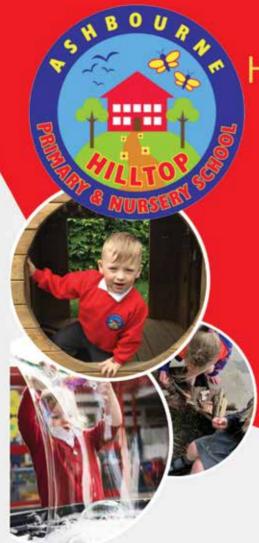


wrap around care - extra curricular activities - Primary Stars® coached PE lessons - sports and sports week - trips, visits & residentials - Wider Opportunities music lessons - school lunches cooked on site - beautiful rural setting - use of excellent local amenities

## Telephone/email to book a guided tour of the school.

Tel: 01335 390245 Address: Parwich Primary School, Parwich, Ashbourne, Derbyshire DE6 1QJ Email: info@parwich.derbyshire.sch.uk Website: www.parwich.derbyshire.sch.uk





Ashbourne
Hilltop Primary
and Nursery
School

If you have a child turning 3 in the coming months and feel they are ready for the support and challenge of a teacher led nursery, then now is the time to get in touch.

To find out more about our wonderful school and nursery, please call or email the school office to arrange a visit.

For more information please get in touch at:

## CALL:

01335 343 041

## EMAIL:

info@ashbournehilltop.derbyshire.sch.uk

## WEBSITE:

www.ashbournehilltopschool.co.uk

Breakfast and afterschool club care is also available from 7.30am until 6:00pm. You can even use your funded nursery hours or childcare vouchers to help.

## **Education - Primary Years**



Above all we strive to encourage initiative within a happy, healthy and safe environment where all achievement is valued and celebrated. Our reward systems enable the children to achieve their own personal best whilst recognising good behaviour, manners and being a good citizen. Further to this we deliver a broad and balanced curriculum that enables children to explore, ask questions and be innovative. A Good School with 'Outstanding' judgement for EYFS.



Please contact the school office if you would like to make an appointment to visit our school. Miss Simons is our School Business Officer and she would be happy to take your call.

Tel: 01335 342660 | e: info@st-oswalds.derbyshire.sch.uk

www.stoswaldsschool.co.uk









Ashbourne Primary School is in the heart of Ashbourne. It is a very exciting place to learn and work with a great deal of innovative practice, that motivates pupils to succeed across the curriculum. We have an incredibly positive ethos with high standards of work, courtesy and behaviour. Our children are our top priority; we keep them at the heart of all we do and provide them with a successful and memorable educational experience. We are passionate about providing a wide range of opportunities for children outside the classroom too. Children regularly take part in sporting competitions, Forest School, outdoor learning, music concerts, nurture groups and much more!

We welcome you to visit our school so you can experience the atmosphere and ethos first-hand.



Ashbourne Primary School, Cokayne Avenue, Ashbourne Derbyshire DE6 1EJ
Tel: (01335) 342891 | www.ashbourneprimary.co.uk



Welcome to Kniveton CE Primary School, the beating heart of the Derbyshire Dales and the epicenter of excitement for parents seeking unparalleled education. Nestled in the serene countryside, our school boasts small class sizes, ensuring personalised attention and fostering a sense of community among children. Witness the transformation that has occurred with our brand-new, state-of-the-art classrooms, designed to inspire and nurture the next generation.



What sets us apart is our commitment to holistic child development. Our outstanding results, the top 1% in the country, are a testament to our dedicated and enthusiastic headteacher, who dreams big for Kniveton. We aim for our school to be the best in the

country, and with this year's projects to create a new, cutting-edge Early Years Foundation Stage (EYFS) area and a sensational sensory room, we're well on our way to making that dream a reality.



Imagine a place where every child's unique needs are met, where learning is an adventure, and where success is not just measured in grades but in the joy of discovery. Kniveton CE Primary School is that place. Join us in creating a vibrant community of learners, where big things are happening, and the journey is as exciting as the destination. This is not just a school; it's an invitation to excellence, a promise of a brighter future, and the assurance that at Kniveton, your child will thrive and shine like never before. Welcome to a world of possibilities; welcome to Kniveton CE Primary School!





# Long Lane Church of England School and Marston Montgomery Primary School



# DDAT

Journey to Outstanding

Welcome to Long Lane Church of England School. We are a small, friendly school within easy access of Ashbourne, Brailsford, Derby and Mickleover. Our staff are dedicated to providing all our pupils with an excellent education and the emotional support they need to thrive and achieve their full potential.

We have small class sizes and inspiring teachers. All children participate in Forest School. We have large playing fields in a rural location and also have a school allotment.





Long Lane Church of England Primary School, Long Lane, Ashbourne, Derbyshire, DE6 5BJ www.longlane.derbyshire.sch.uk Executive Head Teacher: Teresa Bosley

Welcome to Marston Montgomery School. We are a small, friendly school which is part of the local community. Our staff are dedicated to providing all our pupils with an excellent education and the emotional support they need to thrive and achieve their full potential.





All our children participate in Forest Schools, promoting a love of the outdoors.

We have a brand new EYFS outdoor space for our children where they can climb, ride bikes and explore together.

Spaces available in all year groups.

We welcome visits at any time, please call us on 01332 824339 (Long Lane) 01889 590373 (Marston Montgomery) to arrange a visit.



# WRAP AROUND

At both schools we offer a Breakfast Club, where children can join us for Breakfast from 8 am.

We also provide an
After School Club until
5:30pm, children can
join us for a snack and
enjoy craft activities,
sports and baking.



Our Toddler group
runs at both schools,
call us for dates.
Everyone with a
pre- school child is
welcome to come
and join us.

You could be a mum, dad, grandparent or child-minder

# SECONDARY SCHOOL YEARS

### KEY STAGE 3 (11-14 YEARS OLD)

A stage what many would speak of as a 'very important period of education'. This is the stage before they begin working on GCSE national qualifications. New subjects, as well as these are citizenship education and sex education. For some students it is possible for them to sit GCSEs or other national qualifications, at this point.

#### KEY STAGE 4 (14-16 YEARS OLD)

This is the final stage of compulsary education, the period when students learn the skills and gain the knowledge for their GCSE assessments. The core subjects are maths, english and science, Foundation subjects are computing, physical education and citizenship. Schools are obliged to teach at least one subject from each of these areas: art, design and technology, humanities and modern foreign languages.

#### **KEV STAGE 5**

is the final Key Stage and refers to form or college.



#### Education - 11 - 18 Years

#### The New 9-1 GCSE Grades

An overhaul of the curriculum in 2014 brought the new 9-1 grading scheme, three subjects - English language, English literature and maths were graded by numbers from 2017 and all subjects were marked with this new system from 2020, with 1 being the lowest grade, 9 being the highest and the U grade staying the same - ungraded.

However the new system does not directly equate to the previous exam marking grades, the lower part of grade 7 is equivalent to grade A, the lower part of grade 4 aligns to grade C and grade 1 equates to grade G. The top level of the 9, 8 and 7 grades does match the previous grades of A\* and A.

School league tables are based on the percentage of pupils achieving 5 or above in English and maths GCSEs.

| OLD GRADES  | NEW GRADES                            |
|-------------|---------------------------------------|
| A*          | 9                                     |
| A           | 7                                     |
| В           | 6<br>5 STRONG PASS<br>4 STANDARD PASS |
| D<br>E<br>F | 3<br>2<br>1                           |
| G<br>U      | U                                     |



# Insightful Beginnings Early Years, Child Development and SEND Support

My interest in Special Educational Needs and Disabilities (SEND) blossomed in 2013 when I assumed the role

of early years lead in a primary school. In this capacity, I felt the need to enhance my understanding of how to effectively support children with diverse additional needs, ranging from Autism Spectrum Disorder (ASD) to sensory impairments, medical conditions, and social, emotional, and mental health requirements.



This experience eventually led to my appointment as an Advisory Teacher within the Specialist Support Service of a Local Authority and I gained invaluable insights into the specific needs of schools, colleges, and early years settings in their endeavour to support students with a range of SEND. This led to my next role as an Assistant Head in a special school for children aged 2-19. My forte lies in working with families, and I always strive to provide non-judgmental and supportive advice, acknowledging that parenting, whether with or without the added challenges of SEND, is the most demanding and important job a person can undertake.

I have put considerable effort into building strong connections with health services, social care, specialist teachers, and charitable organisations. This collaborative approach has resulted in improved outcomes for both children and their families, ensuring they receive the support they are rightfully entitled to.



I am now embarking on an exciting new chapter in my journey, providing early years, child development and SEND support to families, schools and early educational settings. If you would like to learn more about how I can assist your family or setting, please don't hesitate to contact me for a complimentary 20 minute initial telephone consultation.



Providing services to families, schools and early years settings in the West Midlands, Staffordshire and beyond. I offer home support and guidance with any aspect of child development, additional needs and EHCPs and school or setting support, including staff training, enhancing SEND provision and Education, Health and Care Plans (EHCPs).

# INSIGHTFUL BEGINNINGS



www.insightfulbeginnings.co.uk | T: 07553 621827 | E:louise@insightfulbeginnings.co.uk



# COMMUNITY:

A group of people living in the same place or having a particular characteristic in common.



Community is a very positive aspect of what it is to be human. In a community we can solve problems, raise spirits, have a sense of pride, share faiths and embrace character. It makes us feel good that we are part of something greater than ourselves.

Community provides an opportunity for people to learn from each other, give support and encouragement by joining forces. It encourages us to meet people we may not have otherwise met, to engage with others in a similar situation or maybe others who share a similar problem that can become halved when talked about or worked through with others. This togetherness through community participation can bring an empowerment and inspiration, bringing with it a sense of control which can enable us to influence positive change and make a difference to a group in what really matters to its members.

It can bring motivation and bring about desirable behaviours. It can go beyond immediate basic needs and build great beneficial rewards in an enjoyable sense of togetherness. Community brings about bonding, connecting individuals and forming relationships providing a deeper sense of belonging and providing a sense of security. Community resources can be gathered and problems can be solved, whereas being attempted as individuals may not have been possible, where one person's strength can be another's weakness. Community spirit brings with it a great sense of encouragement making goals and achievements.

Communities can present themselves in many different forms, it can be physical or virtual, whether it is in a geographical area, such as a town or village, a collection of people who may, when along struggle with an illness or addiction, people who may feel discriminated against when alone but when together can vent frustrations, feeling empowered and become heard, or it may be a group of people who have a common interest which seems even more wonderful when embraced with others who share that interest. However community presents itself, it is a human quality that brings wellness and positivity.

There is no limit to what people can do as part of one. Bringing together like-minded individuals who are headed for the same goal, in a rewarding and engaging group of people who come together as one.



#### **Health and Wellbeing**

# GPs urge patients to book appointments with nurses, other experts, to get care more quickly

General practice leaders across Derbyshire are today encouraging patients to ask about appointments with staff other than doctors when they call to book a consultation.

Many practices have experts ranging from nurses and physiotherapists to dietitians and clinical pharmacists, who can see patients without a GP referral and therefore provide advice more quickly.

Derbyshire GPs have been embracing new approaches to see and help more people, increasing the number of appointments compared with a year ago, and are keen for patients to understand the advantages of seeing someone other than a doctor.

Every practice differs in the specialist roles it provides, so patients should check their local practice website or ask about the best person to see when making a booking online or by phone.

The practice of applying pressure to specific points on feet or hands is known as Reflexology.

Typically the feet are used in reflexology but hands can also be used, a reflexologist will use a map which correspond with all parts of the body and organs. Using thumb, finger, and hand massage techniques, reflexology uses a system of zones and reflex areas with the premise that this therapy on the feet and hands can cause a physical change to related areas of the body.





Step into tranquility at Nicola Brown Therapies, nestled in a garden treatment room on Lime

Grove, Ashbourne.



Enjoy exclusive 121 service, convenient parking and immerse yourself in a range of treatments, including Reflexology, Aromatherapy Massage, Swedish Massage, Deep Tissue

Massage, Hot Stone Massage, ELIM & Releaf Pedicures, Gel Nails, Structured Gel, and IBX Strengthen & Repair.





Why not carry on with your treatment at home with handcrafted bespoke aromatherapy products such as wrist rollers, room sprays, bath salts, Inhalers or even gift your loved one with a voucher.

In the hustle and bustle of our world, we need to find balance my mission is to help women pause, breathe, and rejuvenate.

One of my therapies is Reflexology, its a holistic therapy celebrated in the media and on the radio. Your feet, are a map of

your body, and through touch therapy, I can help you relax and rebalance. My clients come for a host of reasons to promote well being, release tension, aids sleep, improves mood, relaxation to name a few.



ww.nicolabrowntherapies.co.uk Tel: 07709 342011





- Swimming pool
- Fitness suite
- Fitness classes
- Indoor bike studio
- Squash courts
- Sports halls

Ashbourne Leisure Centre

Clifton Road, Ashbourne, Derbyshire, DE6 IDR

ashbourne@freedom-leisure.co.uk

01335 343712

www.freedom-leisure.co.uk



Available for Members & Non members







#### **Health and Wellbeing**



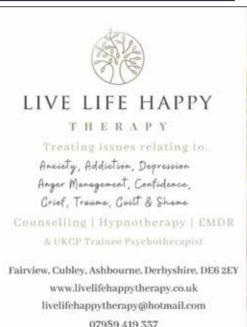
# Welcome to Eager Beaver Fitness.

Based at The Venue Ashbourne, we offer fun filled community based fitness in a nightclub style environment. The darkened room and no mirrors allows participants to let go of their inhibitions, feel no pressure and just dance like no one is watching.

Launched in 2020, Eager Beaver Fitness was created with community at its heart, with no membership or joining fee, we welcome everyone from all walks of life, no matter your ability, age or identity. Eager Beaver can provide classes to those with additional needs and those less mobile, opening up fitness to so many more.

Looking for something different for a birthday or hen party? Private bookings are also available for those who are dance and fitness fanatics

Check us out on social media to keep up to date.





### Children's Coaching

Would you like your child to have a positive mindset and to be equipped with the knowledge and skills that will help them to be happy and fulfilled in their lives? Unlocking your child's superpowers is like giving them a bag of secret tools for life's adventures, providing resilience and readiness for whatever comes their way. Here are some key benefits:

Emotional Intelligence: Coaching guides children in understanding and managing their feelings, fostering better friendships, smart choices, and a happy heart.

**Empathy:** Coaching teaches voungsters to see things from others' perspectives, aiding in making friends, solving conflicts, and creating a friendlier world.

Resilience: Coaching instills a bounce-back power, helping children be strong during tough times, solve problems, and find the good in tricky situations.

**Self-Efficacy:** Coaching fuels belief in their ability to achieve remarkable feats, fostering a can-do attitude for setting big goals, excelling at school and trying new things.

**Self-Confidence:** Coaching empowers children to be bold and sure of themselves, so that they can confidently tackle challenges, and reject negativity.

**Self-Esteem:** With coaching, children see how awesome they are, gazing into a magic mirror reflecting their strengths, fostering sustained happiness and self-worth.

Imagine the amazing adults they'll become with this positive mindset and these incredible skills.

Armed with resilience and optimism, children are set to face life's twists and turns. The journey of unlocking children's potential begins with the super cool power of life coaching. Explore these coaching services for children aged 7-16 at www.wendymillercoaching. co.uk

Have questions? Want to find out more? Get in touch today to see how Wendy Miller Coaching can help the children in your life.



# Wendy Miller Maze Counselling Services

#### Discover a Path to Personal Well-Being with Maze Counselling Services

Life's journey is an adventure, but sometimes we all need a little help navigating the twists and turns. If you're seeking support and understanding, Leanne at Maze Counselling Services is here to be your compass, offering a warm and approachable space for self-discovery.

#### Your Journey, Your Way, Anywhere in the UK

No matter where you are in the UK, Maze Counselling Services extends its support with online and telephone sessions. Feel the comfort of counselling from the convenience of your home, ensuring that your journey to well-being is as accessible and flexible as possible.

#### Local Roots, Personalised Service

For those seeking a face-to-face experience, Maze Counselling Services has three welcoming locations in Staffordshire. Leanne's local roots ensure a personal touch, and you can find her at venues in Cheadle, Uttoxeter, and Newcastle-under-Lyme. Your journey to self-discovery is now closer than ever.

#### Compassionate Guidance for Individual Growth

Leanne, is an experienced counsellor, providing compassionate and personalised guidance tailored to your unique needs. Whether you're facing relationship challenges, seeking personal growth, or simply feeling overwhelmed, Maze Counselling Services is here to walk alongside you.

#### Change as an Empowering Force

Counselling at Maze isn't about fixing what's broken; it's about empowering you to embrace change and build resilience. Discover valuable insights into your life's journey, develop coping mechanisms, and face challenges with newfound strength.

#### **Embark on Your Journey Today**

Embark on a transformative counselling journey with Leanne by your side. Reach out to Maze Counselling Services, and let's navigate the maze of life together. Your well-being matters, and we're here to support you, wherever you are.

Book your first counselling session today www.mazecounselling.com



# Nutritional, affordable cooking from scratch.

In a world where time is precious, convenience is a blessing. Many of us work long hours, after which we treat our free time precisely and feel pressured to spend as little time as possible doing chores we don't enjoy enabling us to squeeze some fun in for the rest of the day.

For some of us food can be recognised as fun when eating out, but at home it is a different story. We need food to get us through the day and whilst we don't enjoy cooking it we regard this as a chore. This is where convenience comes in. A quicker way to cook food we can enjoy which is easy, tasty and saves us being slaves to the kitchen, meaning we can do other things. Blitz in the microwave for 3 minutes or maybe oven chips for 20. Job done. Doesn't taste half bad either. For many adults (many with families) this can be our relationship with food.

Unfortunately most of the convenience food we eat in this scenario will only have one benefit... convenience. The majority of these foods are packed with salt, sugar, fat, and other preservatives and flavour enhancers usually having names we can't pronounce which are created by food scientists. There are a few convenience ingredients which are persevered and come in handy whilst still being nutritious. Amongst many tin tomatoes, a variety of canned and dried beans as well as frozen fruit and vegetables, and oils which are a good, sometimes essential shortcut.

Food should be eaten for nutrition. The more fresh the ingredients, the more nutrition you get . While it is easy to presume that freshly cooked food is time consuming to make, this is not always the case. It all depends on what you cook and how you choose to cook it and of course the amount of preparation you need. The more you cook in this way the guicker you will become and the less daunting it will be. You will be whipping up a fresh tasty supper delight in no time. Cooking from scratch is also superior in taste. The ingredients are much more flavourful and fresh. There are no unwanted ingredients such as preservatives or flavour enhancers. By Being in total control of the ingredients you are able to add more of what you like and less of what you don't. Eating this way becomes more enjoyable, even the shopping experience becomes more fun, as you begin to appreciate ingredients and their qualities.

Cooking from scratch is far less restrictive as each meal doesn't have to taste the same. There are infinite varieties of cooking from scratch. Try new ideas, put your own stamp on it. There are so many resources out there for inspiration from recipe cards from the supermarkets to YouTube and of course cookbooks

Many of us view cooking fresh from scratch as more costly. This is not the case. For example if you compare the price of frozen chips to potatoes you will be surprised and it is amazing how far potatoes stretch. Cooking from scratch can allow us to cook more than one meal at a time. Batch cooking and freezing is a great way to be super efficient with time and money.

Attitude with food is important. Cooking doesn't have to be stressful if done properly. It takes practice, but in time can be therapeutic and relaxing. The more you love and care for your food, the more you get back. Start simple. Good fresh food does not have to be complicated. You can make a tasty meal for plenty with very few ingredients. Having some essentials in the cupboard is important too. Flour, milk eggs, cheese, pasta, rice, oils and maybe some dry herbs and spices. Some say that if you have an egg and a potato, you have a meal. Having the right equipment helps too. Plenty of wooden spoons and if you find chopping boring then treat yourself to a decent knife. It can make a huge difference using a good sharp knife. Have a good chopping board too. Be organised in the kitchen. Clean up a little as you go along. This will prevent spillages and accidents.

While having a good knowledge of food you can then maybe go on to teach your children your wisdom, giving them the knowledge to eat healthy and that not everything comes from a packet. Where the food comes from and what is good and bad for you as well as giving them the skills to cook for themselves some day.





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#### "Flash flooding happens when rain falls so fast that the underlying ground cannot cope, or drain it away fast enough." The Met Office.

Millions of us are at risk of flooding in the United Kingdom in many area. We have been warned by scientists that as a result of climate change, flooding in the UK is actually becoming more frequent and affecting more of us.

If you are thinking water may enter your home and need to evacuate, it will be advantageous to:

- Move your car(s) pets, food, important documents, valuables and of course precious items, such as laptops or photo albums
- Place some flood protection in place.
- Switch off gas, electricity and water supplies (as long as its safe to do so). Do not touch electrical switches when standing in water.

To help prevent water getting into your home it is helpful to:

- Block toilets with towels or bedsheets while weighing down the toilet seat.
- Seal air-bricks with cloths, towels or plastic covers.
- Use sandbags and floorboards to stop water entering under doors or through windows.

If you do live in a high risk flood area, it is obviously worth making sure

- you have the correct insurance policy to cover you. It is also good idea to have the number of the insurance company at hand incase of a flood, so you are able to register your claim as soon as possible.
- Take photographs of your property when not flooded for insurance purposes.

If you have been flooded, do not re-enter your property until:

- All standing water has been removed especially from the underfloor area.
- •The fire and rescue service can pump out standing water (they will charge for non-emergencies) you could also hire a pump. Remove mud, using a shovel (potentially this mud could be contaminated). Then use a hose to clean up the floor.

Flood water can potentially be contaminated with untreated sewage, which can remain after flood water has been removed remaining hazardous. It is advised to:

- Wear rubber boots and gloves while in property
- Wash cuts and keep covered with plasters
- Children, pregnant women and those with health problems should avoid the property until the clean up is completed.
- •If you feel unwell after being in the property contact your doctor.

#### Drinking water:

Tap water could potentially been unsafe, so either drink bottled water or boil any water before drinking. Unboiled water should not be used. This includes when brushing teeth, washing food and cooking.

By calling Floodline on 0345 988 1188 you can sign up to receive free flood messages for your area direct to your phone, mobile, email, SMS text. or fax.

Climate change, a growing population, and less green space are causing floods, according to the Environment Agency. Extreme weather events are four times more likely to happen now than in 1970.



#### **Professional Services**

# BPF launch pilot to support local partnership-led regeneration projects

The British Property Federation (BPF) has today announced plans to work with local authorities to help build successful partnership-led regeneration and development projects.

The BPF represents the largest investors and developers in the UK, many with significant experience of working with the public sector to deliver transformational building and regeneration projects. In recent years, the BPF has worked with the Local Government Association and other stakeholders to understand the components of successful public private partnerships and wants to share these insights. To this end, the BPF is inviting expressions of interest from local authorities and similar public bodies who have ambitious regeneration or development plans and want an early-stage discussion with private sector colleagues on the best way to build effective public private partnerships.

Partnerships can be difficult to deliver but present huge opportunities to combine resources, expertise and powers in a way that the public or private sector can not do alone. In a challenging financial climate for local authorities they can provide the capital investment that would otherwise be unavailable, correct market failure and unlock commercial viability, support long-

term recovery and growth and improve cross-sectoral relationships. All of these are crucial in an environment where local authorities are attempting to regenerate and reimagine high streets and urban centres, deliver the new homes the UK requires, and attract and retain key businesses and industrial sectors to promote local-led economic growth and opportunity.

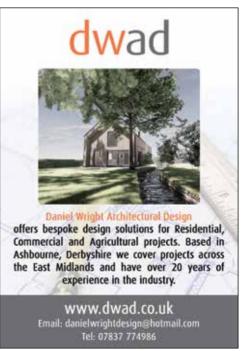
The BPF is hoping to work with three or four local authorities or similar bodies over 2024 and will then review the impact of the pilot. The focus will be on places that have ambition but may lack experience and who want to test their PPP strategy before progressing too far.

The pilot is being led by the BPF's Development Committee which comprises some of the UK's leading investors, property companies, developers and real estate advisers.

Patricia Brown, Vice-Chair of the BPF Development Committee said:

"The British Property Federation and its members are firm believers in the power of partnership, one that leverages the collective energy, skills and knowledge of both the public and private sectors. This is why we want to share our insights and experience to help support great partnership-led regeneration."





#### **Motoring**

# A glaring problem: RAC calls for action on headlight glare as eight-in-10 drivers affected say problem is getting worse

The RAC is calling on the Government to commission an independent study into the issue of headlight glare after new research found 85% of those affected believe the problem is getting worse.

An RAC survey of 2,000 drivers found a huge nine-in-10 (89%) think at least some headlights on cars on the road today are too bright, of which three-in-10 (28%) – a higher proportion than ever – think most are. Of the all these drivers who complain about the brightness of car headlights, some 91% say they get dazzled when driving with three-quarters (74%) saying this happens regularly.

When it comes to the effects of glare on drivers, twoin-three (67%) who suffer say they have to slow down considerably until they can see clearly again, while a similar proportion (64%) believe some headlights are so bright they risk causing accidents. In fact, five per cent of these drivers state they have nearly been involved in a collision themselves. Alarmingly, nearly one-in-10 (7%) say they find headlight glare so bad that they avoid driving at night altogether, a figure that rises to 14% for drivers aged 65 and over. While the RAC has been surveying drivers on dazzling headlights since 2018, these new findings show more drivers than ever appear to be suffering from them, with 85% of those affected stating they believe the problem is getting worse.

As part of its study, the RAC asked drivers to estimate how long it takes them to see clearly again after getting dazzled by other drivers' lights. While 68% say it takes between one and five seconds, one-in-10 (11%) say it takes six or more – which, staggeringly, is enough for a driver travelling at 60mph to cover 160 metres, the equivalent of 40 car lengths.

The reasons drivers perceive headlight glare to be such an issue are less clear, although an overwhelming 87% of dazzled drivers think it is mainly due to the fact some lights just appear much brighter. This could be as a result of the increasing prevalence of cars fitted with LED headlights, leading to a much more intense and focused beam that the human eye reacts differently to, compared to a conventional 'yellower' halogen bulb. While LED headlights are great for improving a driver's view of the road ahead, this can be to the detriment of other road users who encounter them.





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#### **Rea Valley Tractors**

Ashacres Industrial Estate, Draycott in the Clay, Sudbury, Derbyshire, DE6 5GX reavalleytractors.com

The new ECO4 scheme is the latest version of the government's ongoing initiative to increase energy efficiency in lower income households. The number of households in fuel poverty is rising and reducing heating costs is the most effective single measure limiting this rise. The main elements of ECO4 are insulation, heating sources and renewables. Insulation reduces the amount of energy needed by improving heat retention, more efficient and cheaper methods of heating will lower bills and the use of renewables can ultimately cut expenditure significantly. Insulation options include cavity wall insulation, loft insulation, room in roof insulation and internal wall insulation. A retrofit survey will be carried out to see which ones your house may need. There are heating upgrades available including air source heat pumps, high heat retention smart electric storage heaters, first time central heating and more effective heating controls. The main focus of ECO4 renewables is photovoltaic solar panels which can provide energy to the household and deliver any excess to the national grid. ECO4 is scheduled to run from July 2022 to March 2026 and eligibility extends across England, Scotland and Wales. Properties must have an EPC rating of D or below to qualify. If your property does not have an EPC an assessment will be done as part of the scheme to determine eligibility. According to OFGEM 3.5 million homes will be eligible. £1 billion has been made available and the target saving for consumers

every year as a result is  $\mathfrak{L}224.3$  million Homeowners and tenants both qualify, including social housing. You must be either claiming benefits, on low income (under  $\mathfrak{L}31,000$ ) or have a serious health condition to qualify! This is a great scheme to help manage ever increasing energy bills, for more information please contact Derbyshire Eco Funding below.





# Derbyshire Eco Funding

Derbyshire has New ECO4 Flex Funding available, a government scheme to help households become more energy efficient and save money on bills.

If you, or anyone in your household is claiming benefits, the total household income is less than £31k or someone has a serious health condition like heart disease or asthma, you will qualify for funding.

YOU DO NOT HAVE TO OWN THE HOUSE! -Private Tenants or Social Housing Tenants can also apply for the grant as long as they have permission from the landlord or property owner. Households off mains gas will receive the most funding. That means if you have Oil, LPG or Electric Heating, or maybe even a coal fire or log burner, you will get funding to replace your heating system.

A lot of the villages around Derbyshire do not have a mains gas connection and will get large amounts of funding

- You will be able to claim for ...
- Air Source Heat Pump
- Solar Panels
- Loft Insulation
- Cavity Wall Insulation
- Room In Roof Insulation
- Internal Wall Insulation
- New Gas Boiler

(If you boiler is older than 20 years)

Visit Derbyshire Eco Funding on facebook or please text 'ECO FLEX' to 07762 776840 to fill out the No Obligation Form to see if you qualify for Government Funding















### SERVICES AVAILABLE

- Window cleaning using reach and wash pure water
   system using high reach carbon poles
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  - Gutter clearing
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  - Roof moss removal and treatment
  - Pressure washing roofs and treatment-
    - Pressure washing drives
       Patios
      - Block paving
        - Walk ways
      - Tarmac etc.





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OPERATING IN THE ASHBOURNE AREA



#### **Exceptional Services**

Local trades professionals and independents offer unrivalled experience, in-depth product knowledge, quality workmanship, advice, enthusiasm and passion. Taking great pride in their work, the materials and products they use and sell. The vast experience accumulated over years is second to none and their reputation often precedes them. A good tradesperson needs to be hardworking, reliable, honest with a high level of customer care, and a good listener, trustworthy and professional.

Who you decide to undertake work in your home or which trade professional you engage has a major impact on the local economy. You may ask why you should consider using a local professional, these businesses generate 70 % more local revenue than your bigger concerns which in turn is channeled into other local businesses. For every £ spent businesses invest in their future enabling growth and expansion. Whether you are looking for a new boiler, home or garden maintenance, a professional cleaning service, decorating and home design and so much more over these pages you will find some exceptional businesses. These trade professionals and independents definitely excel in their field and go the extra mile.





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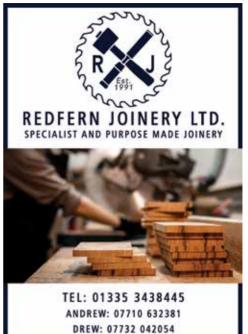
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#### **Remembering Loved Ones**



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Call: 07466 969304

Annie's Wings Talking Therapy specialises in Grief and Bereavement Therapy where you will be listened to but not judged. An experienced therapist who is dedicated to helping people with grief, offer a helping ear, a place to feel comfortable, whether it maybe the loss of a family member, pet or friend.

Through the power of effective communication, she aims to empower you with the tools and insights necessary allowing you to regain control of your well-being.

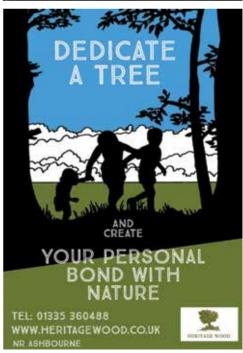
When you embark on a journey of talking therapy, you can expect a confidential and non-judgmental space where you can freely express your thoughts and emotions. As a therapist she is trained to listen to you with an empathetic ear and provide guidance without imposing solutions. With a tailored approach to your unique needs, Annie's Talking Therapy will work corroboratively with you to develop strategies and coping mechanisms that will strengthen you by promoting positive change.

Annie's Wings Therapy can also set up a mutual meeting, like in a cafe or online via Zoom or Facebook.

www.annieswingstalkingtherapy.co.uk Telephone 07466 969304









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www.wjonesandson.com

#### **Useful Numbers**

# **EMERGENCY**

FIRE, POLICE, **AMBULANCE MOUNTAIN & CAVE RESCUE**  999 OR 112

#### **CHEMISTS**

01335 342039 Boots Lloyds Pharmacy 01335 343509

#### **CHILDREN'S NURSERIES AND DAY** CARE

| Ashbourne Hilltop Primary |              |
|---------------------------|--------------|
| and Nursery School        | 01335 343041 |
| Busy Bees                 | 0330 3338133 |
| Ladybirds pre-school      | 07980 420232 |
| Parkgate Nursery          | 01335 345492 |
| The Mulberry Bush         | 01335 342474 |

#### **COUNCILS**

| Ashbourne Town Council            | 01335 342291  |
|-----------------------------------|---------------|
| Derbyshire Dales District Council | 01629 761 100 |
| Ashbourne Registry Office         | 01629 533969  |
| Ashbourne Town Hall               | 01335 343666  |

#### **DENTISTS**

| Ashbourne Dental Practice    | 01335 345645 |
|------------------------------|--------------|
| Oswald House Dental Practice | 01335 342509 |
| TLC 4 SMILES ASHBOURNE LLP   | 01335 348694 |
| White Peak Dental Practice   | 01335 343126 |

#### **DOCTORS SURGERIES**

| Ashbourne Medical Practice        | 01335 216885 |
|-----------------------------------|--------------|
| Dr D Ward - Dr Broom              |              |
| Dr Ward Shelly & Dr Maxwell-Iones |              |

01335 300588

#### **FUNERAL DIRECTORS**

| A. Slater & Sons | 01335 345120 |
|------------------|--------------|
| W. Jones and Son | 01335 360319 |
| Wathall's        | 01335 300205 |

#### **HOSPITALS**

Florence Nightingale

Surgery

|              | Community Hospital          | 01332 265500  |
|--------------|-----------------------------|---------------|
| 01335 301400 | Ilkeston Community Hospital | 0115 930 5522 |
| 01335 368683 | Ripley Hospital             | 01773 743456  |
| 01335 346079 | Royal Derby Hospital        | 01332 340131  |
| 01629 532659 | St Oswald's Hospital        | 01335 230000  |

| Childline                       | 0800 1111     |
|---------------------------------|---------------|
| Crimestoppers                   | 0800 555111   |
| Derbyshire Constabulary         | 01773 730215  |
| Power Outage Enquiry            | 105           |
| Fire & Rescue HQ                | 01332 771221  |
| Frank Drugs or Alcohol Helpline | 0300 123 6600 |
| Warmer Derby & Derbyshire       | 0800 677 1332 |
| National Domestic Violence      | 0808 2000 247 |
| National Gambling Helpline      | 0808 8020 133 |
| National Grid Gas               | 0800 111 999  |
| NHS Direct                      | 111           |
| Police Non Emergency            | 101           |
| RSPCA Emergency                 | 0300 1234999  |
| Samaritans                      | 116 123       |
| Severn Trent Water              | 0800 783 4444 |
| Water Floodline                 | 0345 988 1188 |
| Water Incident Hotline          | 0800 807 060  |
| BANKS                           |               |
| Lloyds Bank                     | 0345 602 1997 |
| Leek Building Society           | 01335 344651  |
|                                 |               |

0345 788 8444

Ashbourne Quality Care Ltd

NatWest

Dovehouse

Leys Care Home

**CARE HOMES** Ashbourne Lodge

#### **Useful Numbers**

| INFORMATION POINT                                                                                                                                                                                                                                                                                   |                                                                                                                                                                              | llam C of E Primary School                                                                                                                                                                                                       | 01335 350316                                                                                                                 |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|
| Ashbourne Historical Centre                                                                                                                                                                                                                                                                         | 01335 343666                                                                                                                                                                 | Hulland C of E Primary School                                                                                                                                                                                                    | 01335 370243                                                                                                                 |
| MISCELLANEOUS                                                                                                                                                                                                                                                                                       |                                                                                                                                                                              | Kirk Ireton C of E Primary School                                                                                                                                                                                                | 01335 370351                                                                                                                 |
| Ashbourne Food Bank Ashbourne Library Ashbourne News Telegraph Citizens Advice Bureau Job Centre Macmillan Support                                                                                                                                                                                  | 01335 661237<br>01629 533950<br>01335 300200<br>0808 2787954<br>0800 0556688<br>0808 8080000                                                                                 | Kirk Langley Primary C E Primary School Kniveton C of E Primary School Long Lane C of E Primary School Longford C of E Primary School Mugginton C of E Primary School Norbury C of E Primary School                              | 01332 824264<br>01335 342573<br>01332 824339<br>01335 330364<br>01335 360261<br>01335 324337                                 |
| PLACES OF WORSHIP                                                                                                                                                                                                                                                                                   |                                                                                                                                                                              | Osmaston C of E Primary School                                                                                                                                                                                                   | 01335 343140                                                                                                                 |
| All Saints Catholic Church Ashbourne Baptist Church Ashbourne Elim Church Ashbourne Methodist Church Atlow St Philip & St James Church Clifton (Holy Trinity) Church Kingdom Hall of Jehovah's Witnesses Mappleton St Mary Church St. Giles Church, Marston Montgomery St. James' Church, Ellastone | 01335 342236<br>01335 343817<br>01335 344338<br>01335 342408<br>01335 371947<br>01335 343052<br>01335 348349<br>01335 343052<br>01283 585098<br>01335 361239<br>01335 343052 | Parwich Primary School QEGS Sixth Form College Queen Elizabeth's Grammar School Ashbourne Academy St Oswald's Primary School The FitzHerbert C of E Primary School  TAXIS ACT Taxis Ashbourne Little Bus Company Ashbourne Taxis | 01335 390245<br>01335 343685<br>01335 343685<br>01335 342660<br>01335 350362<br>01335 343928<br>01335 300670<br>01335 345198 |
| SCHOOLS                                                                                                                                                                                                                                                                                             |                                                                                                                                                                              | Peak Cars Village Taxis Of Ashbourne                                                                                                                                                                                             | 01335 370937<br>01335 418080                                                                                                 |
| Ashbourne Primary School Bradley C of E Primary School Brailsford C of E Primary School                                                                                                                                                                                                             | 01335 343041<br>01335 342891<br>01335 370292<br>01335 360393<br>01629 540212                                                                                                 | VETS Blenheim Veterinary Centre Derbyshire Farm Vets LLM Farm Vets, Ashbourne McMurtry & Harding                                                                                                                                 | 01335 342111<br>01335 368932<br>01335 361420                                                                                 |
| Carsington & Hopton C of E<br>Primary School                                                                                                                                                                                                                                                        | 01629 540206                                                                                                                                                                 | Veterinary Practice                                                                                                                                                                                                              | 01335 342227                                                                                                                 |

Special thanks to George Wood, Clive Booth, Discover Ashbourne and Three Six Seven Nine Photography for their photographic contribution to the title.

Published by Creative Media Magazines | Tel: 01332 987699

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## 1ST ASHBOURNE BOYS' BRIGADE & GIRLS' ASSOCIATION

The Boys' Brigade and Girls' Association is open to boys, girls, young men and young ladies aged 5-18 years.

www.boys-brigade.org.uk

Email: gbevan@ashbourne-baptist.org www.facebook.com/1st-Ashbourne-Company-Boys-Brigade-Girls-Association

# 2ND ASHBOURNE SCOUTS

Based at the Gateway to the Peak District, 2nd Ashbourne Scouts support over 140 young people aged between 6 and 18 years, in their personal development, empowering them to make a positive contribution to the local community and wider society.

www.scouts.org.uk/groups

Email: gsl.ashbournescouts@outlook.com www.facebook.com/2ndAshbourneScouts

#### ASHBOURNE AND DISTRICT OVER 50+

The aim of the Ashbourne and District 50+ Forum is to give a platform to local issues in order to help influence policy makers and engage with agencies and organisations who provide services primarily for the 50+ community but also benefit the wider community.

Tel: John Dick 01335 370200

www.derbyshire.gov.uk/community/50-plus-

forum/50-forums.aspx Email: jadick40@gmail.com

#### ASHBOURNE AND DISTRICT PROBUS CLUB

For retired/semi-retired men meeting monthly at Ashbourne Golf Club for light hearted conversation, a presentation and lunch. Occasional social events and trips that include partners.

Contact Chris Morris on 01335 348240

# ASHBOURNE AND DISTRICT STROKE SUPPORT CLUB

The Club aims to improve the quality of life for people who have had a stroke, together with their partners and carers, through mutual support and provision of relevant information. There are recreational activities to raise funds.

Email: wilfsdawson@gmail.com

#### **ASHBOURNE AND DISTRICT U3A**

With more than 400 members in the town and neighbouring villages. U3A is a vibrant and important organisation to help older people (in their 3rd age) live their lives actively and well. www.ashbourneu3a.org

Email: ashbourneu3a@gmail.com



#### ASHBOURNE AZTECS

We are a thriving junior football club in Ashbourne, Derbyshire, and are affiliated to the Football Association, junior and mini football for both boys and girls

www.ashbourneaztecsjfc.com www.facebook.com/AshbourneAztecs

#### ASHBOURNE BADMINTON CLUB

Ashbourne Badminton Club is a small friendly badminton club in Ashbourne, Derbyshire. We play at Ashbourne Leisure Centre every Monday from 8.00pm to 10.00pm. We also play mixed teams in a local league.

www.activederbyshire.org.uk/user/profile Email: ashbourne.badders@gmail.com Ashbourne Badminton Club | Facebook

#### ASHBOURNE BOWLS CLUB

Novice bowlers are very welcome to experience all social and competitive bowling. Introduction to members and invitation to play can be a daunting experience but Ashbourne Members are noted for their friendly welcome and assistance to new members.

www.ashbournebowlsclub.co.uk Email: margaret56hillcrest@yahoo.com

#### **ASHBOURNE CADETS**

Becoming an Army Cadet has heaps of benefits. The most obvious being that you get to take part in loads of exciting and challenging activities such as fieldcraft, adventure training, first aid, music, sports and shooting, to name but a few.

www.armycadets.com/county/derbyshire-ac Email: em-der-ao1@rfca.org.uk www.facebook.com/DBYACF

#### **ASHBOURNE CAMERA CLUB**

The club meets weekly on Wednesdays at 8pm from September until the beginning of May.
Club meetings take place at All Saints Community
Hall Belle Vue Road, DE6 1AT.
www.ashbournecameraclub.co.uk

Email: enquiries@ashbournecameraclub.co.uk www.facebook.com/Ashbournecameraclub

#### ASHBOURNE CRICKET CLUB

The club is based at The Recreation Ground in the centre of Ashbourne. We have two adult teams playing in the Derbyshire County Cricket League as well as a development team and junior teams from U9 upwards that play in the Notts & Derby Border Youth League. We are also an ECB All Stars centre introducing the game to children from age 5 upwards.

www.ashbourne.play-cricket.com www.facebook.com/AshbourneCricket

#### **ASHBOURNE CYCLING CLUB**

The Cycling Club at the Gateway to The Peak District, Club Rides, Beginners Rides, Touring, Sportive, Cyclocross.

www.ashbournecyclingclub.co.uk Email: ashbournecycling@btinternet.com www.facebook.com/ashbournecyclingclub

#### **ASHBOURNE & DISTRICT 41 CLUB**

Ashbourne & District 41 Club continues to meet at the Bentley Brook Hotel on the last Tuesday of every month. Linked to the National Association of Ex Round Tables' Clubs', Chairman, Dr. Ian McDarmaid would like to extend a very warm welcome to any ex Round Tablers or 41 Club members who have recently moved into the area. The Ashbourne Club has recently had a number of very successful events visiting the Rolls Royce Heritage Trust, the Great British Car Journey featuring 130 classic British cars. Another visit was made to the Derbyshire White Peak Distillery. 41 Club continues to support local and international charities having made donations to the British Legion and to Aguabox, a charity which provides safe drinking water, through filtration units to crisis zones around the world. Please contact Ian for further details:imcdarmaid@gmail.com

#### ASHBOURNE FLY FISHING CLUB

The club consists of a group of approximately forty members who typically are a friendly bunch willing to give a warm welcome and guidance to newcomers and established anglers alike.

All members receive guest tickets but be aware there are no day tickets on any of our waters. www.sidd.co.uk/affc2/index.html

Email: jerry.s.haynes@gmail.com

#### ASHBOURNE FOOTBALL CLUB

Currently the club runs three teams: men's first team men's reserves and, from 2021/22, U19 Development. We have a membership of approximately 60 people.

www.ashbournefc.com www.facebook.com/groups/39660877712929

#### **ASHBOURNE GOLF CLUB**

An active membership of over 400 members with a warm welcome to ladies, gentlemen and juniors. www.ashbournegolfclub.co.uk
Email: ashbourne.golf.club@gmail.com
www.facebook.com/ashbournegolf

#### ASHBOURNE GUIDES AND BROWNIES

We empower 240,000 girls to be their best and face the challenges of growing up today. We've been doing that through adventure, friendship and fun for over 100 years. www.girlguidingderbyshire.org

#### ASHBOURNE HERITAGE SOCIETY

Ashbourne Heritage Society aims to promote, research, publicise any aspect of the history and heritage of Ashbourne and the surrounding area. We see heritage as a much wider subject than just local history.

ashbourneheritagesociety.org.uk Email: ashheritagesoc@gmail.com www.facebook.com/ashbourneheritagesociety

#### **ASHBOURNE HOCKEY CLUB**

Ashbourne Ladies Hockey Club, training every Wednesday 6- 8pm, Matches on Saturday mornings, 4 teams available to play for, Junior Tournaments on Sundays.

www.ashbournehockey.co.uk

Email: admin@ashbournehockey.co.uk www.facebook.com/groups/1482922058639119

#### **ASHBOURNE LADIES FOOTBALL CLUB**

Ashbourne Ladies FC Age from 15 (can only train not play in Matches until 16) & above. Any ability welcome. Come & join us, also great for social fun times.

www.Ashbournefc.org www.facebook.com/ashbourneladiesfc

#### ASHBOURNE METHODIST CHURCH

You'll find a warm welcome at the services at Ashbourne Methodist Church, with people of all ages joining together to worship.

For more details, please see our website

www.ashbournemethodist.org.uk/services or call our Minister on 01335 702174

#### ASHBOURNE NETBALL CLUB

We are a large, friendly club with many teams varying in age from High 5's / Years 5 & 6 right through to senior level.

www.ashbournenetballclub.co.uk Email: ruthsampson@sky.com www.facebook.com/Ashbourne-Netball-Club

#### ASHBOURNE ONE WORLD GROUP

This small, friendly, group exists to raise awareness of world development issues. We also raise funds for Christian Aid through our popular cake stall at Tissington Well Dressings each year.



New members always welcome. Contact Stuart on 01335 300338.

## ASHBOURNE RUGBY UNION FOOTBALL CLUB SENIORS AND JUNIORS

Ashbourne RUFC, based in Ashbourne, Derbyshire, regularly fields 4 teams and has a thriving Junior section.

www.ashbournerufc.rfu.club Email: webmaster@ashbournerufc.co.uk www.facebook.com/groups/24066028088

#### **ASHBOURNE SABRE CLUB**

Ashbourne Sabre Club aims to provide beginners with a sound grounding in the basics of the sport of fencing. We are a friendly club based in Ashbourne, our members include all ages and abilities. If you are interested in coming along to try the sport for the first time, please email us for the availability of beginner sessions.

www.ashbournesabreclub.co.uk

#### ASHBOURNE SCHOOL OF DANCE

Ballet, Tap, Modern & Acrobatic lessons, Boys and girls taken from 3 years+ Otago strength & balance exercise class for older/frail adults, AAD & Acrobatic Arts qualified.

Tel: (01335)244665 www.ashbournedance.co.uk www.facebook.com/The-Ashbourne-School-of-Dance-279982961096

#### **ASHBOURNE SHIRE HORSE CLUB**

In 1881, four gentlemen founded a Society, with the aim of improving the standard of Shire Horses in the Ashbourne area. Originally known as the Ashbourne Cart Horse Society, later that year, they held their first a Show on the Paddock, at Ashbourne.

www.ashbourneshow.co.uk/ashbourne-shire-

#### **ASHBOURNE SUB AQUA CLUB**

Ashbourne Sub Aqua Club is a BSAC club with over 40 active members whose ages range from 12 to retirement age and beyond! We also have a broad range of diving experience from newly-joined trainee divers through to advanced divers with over 20 years experience. The club has excellent training facilities and two dive boats (RIBs).

www.ashbournesubaquaclub.com/ ashbournedivers@gmail.com www.facebook.com/AshbourneSubAquaClub

#### ASHBOURNE SWIMMING CLUB

Ashbourne & District Swimming Club caters for all levels of swimmers from beginners to those who

swim at county and regional level. We swim at Ashbourne Leisure Centre up to 4 times a week. The club aims primarily to develop your swimming but also provides social events and fun! www.sites.google.com/site/ashbourneswimmingclub2014/home Email: chair@ashbourneswimclub.org www.facebook.com/Ashbourne-District-Swimming-Club-103080082312843

#### **ASHBOURNE TENNIS CLUB**

Welcome to Ashbourne Tennis Club, the friendly club at the Gateway to the Peak District. We have four macadam courts, 3 of those being floodlit, on the outskirts of Ashbourne. www.ashbournetennis.org.uk Email: info@ashbournetennis.org.uk

www.facebook.com/TennisAshbourne

#### **ASHBOURNE TOWN BAND**

Ashbourne Town Band is a non competitive friendly brass band based in the small market town of Ashbourne, Derbyshire. The band contains both young and the not so young, and players of all abilities. Practices are held at St. Johns Community Centre, The Green Road every Wednesday (8pm – 9.30pm) and Sunday evening (7pm to 8.30pm). Junior band also practices on Sunday evening (6pm to 7pm).

www.ashbournetownband.co.uk/ www.facebook.com/groups/ashbournetb

#### ASHBOURNE TOWN DARTS LEAGUE

Local Darts League in Ashbourne, Derbyshire. Matches are played Wednesday nights from September

www.atdl.leaguerepublic.com/index.html Email: dawdydarts@googlemail.com www.facebook.com/AshbourneTownDartsLeague

#### ASHBOURNE TRIATHLON CLUB

The club was founded in August 2014 and has grown steadily as the interest in triathlons and long distance swimming has exploded onto the UK sports scene. The triumphs of the London and Rio Olympics has caught the imagination of the public and Ashbourne Tri Club and its affiliate Peak Performance Junior Tri Club are delighted with their progress to-date.

www.ashbournetriathlonclub.co.uk www.facebook.com/groups/ashbournetriclub

#### ASHBOURNE WOMEN'S INSTITUTE

Ashbourne WI is all about friendship and fun, education and entertainment. Visitors are always welcome at our meetings and events. We meet



monthly in St John's Church Hall. www.ashbournewi.weebly.com/

#### **ASHBOURNE YOUNG FARMERS**

For anyone aged 10-28 in the Derbyshire area, You don't need to be a farmer to be a young farmer. We meet every Tuesday at 8pm www.ashbourneyoungfarmersclub.co.uk/ www.facebook.com/ashbourneyoungfarmers

#### **CARELINE CALLING**

Careline is a registered charity offering a FREE telephone befriending service for people living in the Derbyshire Dales and East Staffordshire. www.carelinecalling.org.uk Email: info@carelinecalling.org.uk www.facebook.com/CarelineCalling

#### **CHAMELEON CHORAL**

Chameleon is a small mixed choir, who perform a variety of music and rehearse every Thursday at 7.30pm in Osmaston village hall, near Ashbourne and Derby. www.chameleonchoral.co.uk Email: info@chameleonchoral.co.uk www.facebook.com/chameleonchoral

#### CobraFIT

CobraFIT Ashbourne has been running classes in Ashbourne for over 8 years. It's our High-Intensity Interval Resistance Training that works all your body in one class to achieve Body Fat Loss, Muscle Increase (Tone Up) and Improve Fitness. It's a fantastic class that burns up to 500 cals in a class so very effective. Tel: 07834 357326 www.wellbeing4lifel10.wixsite.com/cobrafit-derby www.facebook.com/CobraFITAshbourne

#### **CRAFT & CHAT**

Do you like crafting? Bring your craft along and join us. Or do you just like to chat? You will be made very welcome too.

Mondays 2pm – 4pm at the Cornerstone on Church Street. Free event with refreshments provided. For more details, see www.ashbournemethodist. org.uk/craftchat or call 01335 342321

## DERBYSHIRE DALES COUNCIL FOR VOLUNTARY SERVICE (DDCVS)

Derbyshire Dales CVS works across the Dales supporting voluntary and community groups. www.communitydirectoryderbyshire.org.uk www.facebook.com/DDCVS

#### DERBYSHIRE DALES WOODCRAFT CLUB

The Derbyshire Dales Woodcraft Club is a group of people who share an interest in many aspects of woodcraft meeting on the first Saturday of the

month in Wyaston Village Hall. www.facebook.com/Derbyshire-Dales-Woodcraft-Club-835051489871042/

#### **DOVE VALLEY ARTS SOCIETY**

The Arts Society is a leading arts education charity with a global network of local Societies which bring people together through a shared curiosity for the arts.

www.theartssociety.org/dove-valley Email: clarebravant@hotmail.com

#### **FRIENDSHIP LUNCH**

You are warmly invited to join us for the Friendship Lunch - it's a very relaxed, friendly atmosphere, and everyone is welcome. There's no set charge - just make a donation.

www.ashbournemethodist.org.uk/ lunch or call 07415 028303.

#### MOVE IT OR LOSE IT!

Email: karen.steel@moveitorloseit.co.uk www.facebook.com/Move-it-or-Lose-it-with-Karen-111407771635021

#### MUDDY CHURCH

Muddy Church provides fun, outdoors activities for primary-aged children. We meet monthly, in different locations around the area.

Muddy Church is for children in school years

Reception to Year 6 and runs from 10am - 12noon

on a Sunday. www.ashbournemethodist.org.uk/muddychurch

#### OSSIE'S KITCHEN

St. Oswalds Church Centre, School Lane Ashbourne DE6 1AN

A local Ashbourne Community Cafe, totally run by volunteers for the Community by the Community, with the prime focus being to help address loneliness and isolation in the Ashbourne Community.

Family friendly - join them every second and fourth Tuesday of the month between 4pm and 6pm for a freshly cooked meal.

For enquiries and to request transport please call 07437 377345

#### PEAKLAND PLAYERS

www.peaklandplayers.co.uk Email: peaklandplayers@gmail.com www.facebook.com/playersashbourne

#### PROUD OF ASHBOURNE

We preserve and contribute to our artistic heritage through volunteering and grants.

www.proudofashbourne.wixsite.com/litter



Email: proudofashbourne@gmail.com www.facebook.com/Proud-of-Ashbourne-100322172112648/

#### THE ROTARY CLUB OF ASHBOURNE

www.rotaryclubofashbourne.org.uk ashbournerotary@gmail.com www.facebook.com/AshbourneRotary

#### THE WANDERERS WALKING GROUP

The Wanderers walk locally in & around Ashbourne, every Wednesday morning. The walks are not too strenuous but may include stiles & some hills.

For more info call 01335 345280







#### **VANESSA GERRARD YOGA**

Our strength is our people, joined together by a passion for the arts which can nourish and empower us all. Our work creates a better, healthier and more connected society.

www.vanessagerrardyoga,com Email: vanessagerrardyoga,com www.facebook.com/yogaderbyshire

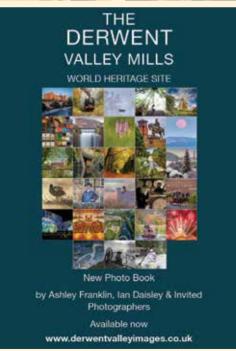
#### **WALKING NETBALL**

Walking Netball is a slowed down version of netball. It's for anyone who wants to exercise in a relaxed, supportive, fun, friendly way. It's for all abilities. Fridays 11.00-12.00 Term time only. www.freedom-leisure.co.uk/centres/ashbourne-leisure-centre

#### **WELLY CLUB**

Join us for fun, free, sessions every Tuesday for pre-school children and babies. For more information call or text 07814 192924 or see www.ashbournemethodist.org.uk/welly-club

OVER THESE PAGES ARE SOME OF THE LOCAL CLUBS AND SOCIETIES SHOWCASED SUPPORTING THE LOCAL COMMUNITY AND OFFERING A DIVERSITY OF ACTIVITIES, GROUPS AND MEETINGS.





Derbyshire Dales Woodcraft Club meets on the first Saturday of the month in Wyaston village hall (DE6 2DR) from 10:00 a.m. to 2:00 p.m.

We offer a range of disciplines to appeal to total beginners or seasoned experts. e.g. woodturning, carving, pyrography, scrollsawing, marquetry. Visitors are welcome and the first visit is free.

For more information ring 01335 344933 or 07814 701961

www.ddwc.uk



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